



01/07/2025 to 31/07/2025

B&E FOODS / QLD

# MONTHLY MENU

*Where Quality Counts!*



## OAT MILK

No.16768 UHT - OAT MILK 8X1LT MILK LAB



# TASTE THE GOOD LIFE

天味食品  
TEWAY FOOD

Experience Authentic Spicy Sichuan Flavors - Effortlessly!

三步成菜，正宗川味，如此简单！

大红袍

DA HONG PAO

Spicy Hot Pot  
Soup Base  
400g



\$3.<sup>30</sup>  
PKT

大红袍  
DA HONG PAO

No. 28238  
HOT POT SOUP  
BASE - SPICY 400G (30)  
DA HONG PAO



\$34.<sup>50</sup>  
BAG

No. 28469  
RICE - JASMINE RICE  
20KG FLOATING MAR-  
KET

# BENCHTOP ROLL

Our commercial-grade benchtop rolls are sturdy and thick, offered in multiple sizes. Our foil rolls, cling wraps, and baking papers are designed for both strength and convenience

## Foil Roll



30CM X 150M

**No. 19622**  
FOIL ROLL - ALL PURPOSE  
30CM X 150M

**\$13.<sup>75</sup>\***  
Roll

  
**BIO**  
BIODEGRADABLE  
IN LANDFILL



33CM X 600M

**No. 17115**  
CLING WRAP - WITH CUTTER  
HEAVY DUTY 33CM\*600M

**\$17.<sup>20</sup>\***  
Roll



44CM X 150M

**No. 19621**  
FOIL ROLL - ALL PURPOSE 44CM X  
150M

**\$19.<sup>05</sup>\***  
Roll



45CM X 600M

**No. 12346**  
CLING WRAP - WITH CUTTER  
HEAVY DUTY 45CM x 600M

**\$25.<sup>00</sup>\***  
Roll



44CM X 150M

**No. 13432**  
FOIL ROLL - PREMIUM HEAVY  
DUTY 44CM

**\$23.<sup>65</sup>\***  
Roll

**PLUS** ***pak***  
.....



40CM X 120M

**No. 17578** BAKING PAPER  
40CM\*120M

**\$19.<sup>90</sup>\***  
Roll





# CHRISTMAS IN JULY



\$28  
KG

**\$140<sup>00</sup>**  
CTN

21311  
FZ WHOLE PRAWN - QLD COOKED  
KING PRAWN U/10 5KG

13523  
FZ WHOLE PRAWN - QLD COOKED  
KING PRAWN 10/15 5KG



**\$110<sup>00</sup>**  
CTN

\$22  
KG



**\$100<sup>00</sup>**  
CTN

\$20  
KG

11019  
FZ WHOLE PRAWN - QLD COOKED  
KING PRAWN 10/20 5KG



\$30  
KG

**\$150<sup>00</sup>**  
CTN

27584  
FZ WHOLE PRAWN - QLD RAW  
KING PRAWN U/8 5KG



**\$105<sup>00</sup>**  
CTN

\$21  
KG

11114  
FZ WHOLE PRAWN - QLD COOKED  
TIGER 10/15 5KG



IDEAL FOR  
RETAIL

\$23  
KG

**\$69<sup>00</sup>**  
CTN

15338  
FZ WHOLE PRAWN - QLD COOKED  
KING PRAWN 10/20 3KG



**\$57<sup>00</sup>**  
KG

10091  
FZ LOBSTER WHOLE COOKED SIZE B  
460/570G 10KG CTN WEST AUSTRALIA



**\$24<sup>50</sup>**  
KG

13730  
FZ CRAB - AUSTRALIAN COOKED SPANNER CRAB  
WHOLE 300/500 10KG CTN QLD





# CRISSCUT FRIES



71100  
FZ CHIPS - **CRISSCUT**  
FRIES ORIGINAL  
2.04KG X 6

\*Study conducted  
without packaging

**\$53<sup>00</sup>**  
CTN

**\$4<sup>33</sup>**  
KG



# Lamb Weston®

SEEING POSSIBILITIES IN POTATOES

7MM



**\$3<sup>30</sup>**  
KG

**\$40<sup>50</sup>**  
CTN

17697  
FZ CHIPS - **SHOE STRING**  
7MM 2.04KG X 6



19732  
FZ CHIPS - **STEALTH**  
FRIES 1/4 **SHOE STRING**  
SKIN-ON 7MM 16.3KG

- SHOESTRING CUT (7MM) – THIN AND CRISPY
- QUICK FRYING TIME – PERFECT FOR BUSY KITCHENS
- FROZEN FOR LONG SHELF LIFE AND EASY STORAGE



**\$4<sup>17</sup>**  
KG

**\$68<sup>00</sup>**  
CTN

7MM



**\$64<sup>00</sup>**  
CTN

**\$4<sup>71</sup>**  
KG

30813  
FZ HASH BROWN TRI PATTIES  
2.26KG X 6



10MM

**\$2<sup>30</sup>**  
KG

**\$28<sup>00</sup>**  
CTN

13612  
FZ CHIPS - **S/CUT 10MM GF** 6X2KG  
FRY ESSENTIALS



13MM

**\$2<sup>30</sup>**  
KG

**\$28<sup>00</sup>**  
CTN

13611  
FZ CHIPS - **S/CUT 13MM GF** 6X2KG  
FRY ESSENTIALS



70969  
FZ CHIPS - **BEER**  
BATTERED PLATTER  
13.6KG/CTN

**\$3<sup>95</sup>**  
KG

**\$53<sup>80</sup>**  
CTN



F - FROZEN PACK AND STORAGE



10MM

**\$53<sup>00</sup>**  
CTN

**\$3<sup>89</sup>**  
KG

19118  
FZ CHIPS - **CRISPY ON DELIVERY**  
10MM GF 6X2.27KG





**\$3<sup>30</sup>**  
PK

28238  
HOT POT SOUP BASE -  
SPICY 400G



27249  
SICHUAN SEASONING -  
HOT & SPICY POT 220G



**\$3<sup>60</sup>**  
PK

28242  
SICHUAN SEASONING -  
SPICY BOILD FISH 198G

**\$2<sup>00</sup>**  
PK



**\$17<sup>00</sup>**  
UNIT



12393  
SEASONING OIL - **GREEN**  
SICHUAN PEPPER OIL 1.8L



**\$17<sup>00</sup>**  
UNIT

16832  
SAUCE - PI XIAN CHILLI BEAN  
SAUCE 1.2KG



**\$4<sup>50</sup>**  
UNIT

12389  
SEASONING OIL - **RED**  
SICHUAN PEPPER OIL 1.8L



**CARRY BAG**

OUR TAKEAWAY PAPER BAGS ARE ROBUST,  
STURDY, AND IDEAL FOR DELIVERING YOUR  
MEALS. THESE PREMIUM-QUALITY BAGS CAN  
SUPPORT PRODUCTS FROM 8KG TO 10KG,  
ENSURING WORRY-FREE PRESENTATION OF YOUR  
TAKE-AWAY MEALS.



RECYCLABLE COMPOSTABLE



PREMIUM  
QUALITY

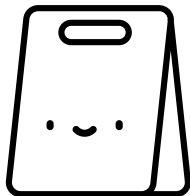


LOGO  
PRINTING



**\$32<sup>00</sup>**  
CTN

**\$0<sup>.13</sup>**  
EACH



27572  
CARRY BAG SMALL TWIST HANDLE  
280 X 280 X 160 250'S



**\$35<sup>00</sup>**  
CTN

**\$0<sup>.14</sup>**  
EACH

17662  
CARRY BAG MEDIUM TWIST HANDLE  
305 X 305 X 175 250'S

UberEats Bag



**\$42<sup>00</sup>**  
CTN

**\$0<sup>.17</sup>**  
EACH

27798  
CARRY BAG LARGE TWIST HANDLE  
350 X 330 X 230 250'S

ALL PRICE EXCLUDING 10% GST

# CLEAN<sup>+</sup>



CLEANER TOMORROW, TOGETHER.

**\$45<sup>00</sup>**  
UNIT



**\$15<sup>50</sup>**  
UNIT

12962  
OVEN & GRILL CLEANER 20LTR  
12963  
OVEN & GRILL CLEANER 5LTR

**\$25<sup>00</sup>**  
UNIT



**\$11<sup>00</sup>**  
UNIT

12459  
DISHWASHING LIQUID ECONOMY 20LTR  
10749  
DISHWASHING LIQUID ECONOMY 5LTR

**\$26<sup>50</sup>**  
UNIT



**\$9<sup>00</sup>**  
UNIT

12460  
BLEACH 6% 20LTR  
12970  
BLEACH 6% 5LTR

**\$42<sup>00</sup>**  
UNIT



**\$15<sup>50</sup>**  
UNIT

12964  
MACHINE WASH LIQUID 20LTR  
12965  
MACHINE WASH LIQUID 20LTR

**\$49<sup>00</sup>**  
UNIT



**\$16<sup>50</sup>**  
UNIT

12966  
RINSE AID 20 LTR  
12967  
RINSE AID 5LTR

**\$56<sup>00</sup>**  
UNIT



**\$16<sup>00</sup>**  
UNIT

12958  
MULTIPURPOSE DEGREASER 20LTR  
12959  
MULTIPURPOSE DEGREASER 5LTR

**\$15<sup>90</sup>**  
UNIT



**\$5<sup>50</sup>**  
UNIT

11058  
PUMP FOR J/CAN 20 LTR  
11054  
PUMP FOR J/CAN 5 LTR

**\$12<sup>00</sup>**  
UNIT



12461  
HAND WASH  
GREEN ANTIBAC  
5LTR

**\$13<sup>00</sup>**  
UNIT



READY  
TO USE

12957  
RTU SANITISER -  
FOOD GRADE  
5LTR

**\$11<sup>00</sup>**  
UNIT



18455  
WINDOW CLEANER  
5LTR

**\$29<sup>00</sup>**  
UNIT



28722  
FLOOR CLEANER  
20LTR

**\$17<sup>00</sup>**  
UNIT



11092  
COFFEE CLEAN  
POWDER 1KG

**\$14<sup>00</sup>**  
UNIT



READY  
TO USE

71285  
RTU GLASSWASH  
5LTR

**\$2<sup>50</sup>**  
UNIT



70805  
TAP 20LTR

ALL PRICE EXCLUDING 10% GST



**\$30<sup>00</sup>**  
CTN



17264

**JUMBO TOILET PAPER WHITE**  
2PLY 300M X 8CM 8 ROLLS/CTN

Individually Wrapped

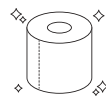
**\$0<sup>66</sup>**  
ROLL



**\$32<sup>00</sup>**  
CTN

14335  
**TOILET PAPER - 2PLY**  
I/W 400 SHEETS PER  
ROLL X 48 ROLLS

14336  
**HAND TOWEL ROLL**  
WHITE 80M X 16 ROLLS



**\$36<sup>00</sup>**  
CTN

**\$2<sup>25</sup>**  
ROLL

**\$1<sup>50</sup>**  
PKS

**\$24<sup>00</sup>**  
CTN



27606

**HAND TOWEL - ULTRA SLIMLINE**  
24CMX24CM 150PCS X 16PKS

**\$7<sup>00</sup>**  
ROLL

**\$28<sup>00</sup>**  
CTN



**\$7<sup>00</sup>**  
ROLL

**\$28<sup>00</sup>**  
CTN



16255

**WIPES - RED HEAVY DUTY 90**  
SHEETS 30X50CM 4 ROLLS/CTN

16256

**WIPES - GREEN HEAVY DUTY 90**  
SHEETS 30X50CM 4 ROLLS/CTN

71323

**WIPES - BLUE HEAVY DUTY 90**  
SHEETS 30X50CM 4 ROLLS/CTN

15181

**WIPES - BROWN HEAVY DUTY 90**  
SHEETS 30X50CM 4 ROLLS/CTN



**NAB  
CLEAN**

Sponge scouring pad

**DOUBLE EFFECT**

Good helper for kitchen cleaning

Soft sponge and non-woven fabric let you  
enjoy the clean life of the kitchen



Non-Scratch  
surface



Wash  
the dishes



Two-sided  
double effect



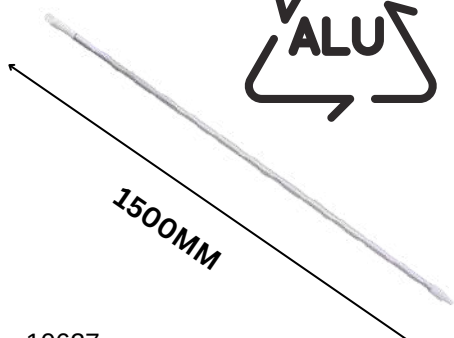
**\$0<sup>60</sup>**  
UNIT

**\$6<sup>00</sup>**  
PK

15077

**SPONGE SCOURER GREEN AND  
YELLOW 7.5 X 10CM X 10 UNIT**

**\$16<sup>00</sup>**  
UNIT



1500MM

10627  
**INDUSTRIAL MOP HANDLE**  
1500MM ALUMINIUM - BLUE

11268  
**BLENDED MOP HEAD**  
400GM BLUE



**\$10<sup>90</sup>**  
UNIT

**NAB  
CLEAN**

**\$1<sup>19</sup>**  
UNIT



15076  
**STAINLESS STEEL  
SCOURER**  
70GX12/PK

**\$14<sup>30</sup>**  
PK

ALL PRICE EXCLUDING 10% GST





# GLOVES SPECIAL

PLUS *pak*



\$0.032 EACH

**\$3.20 PK**

SELL BY CTN



\$0.03 EACH

**\$3.00 PK**

SELL BY CTN



NOT MADE WITH NATURAL RUBBER LATEX    POWDER FREE    FOOD GRADE    SINGLE USE

- **Latex-Free**

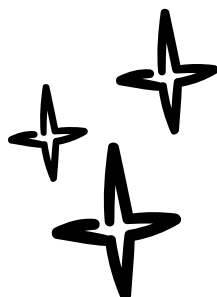
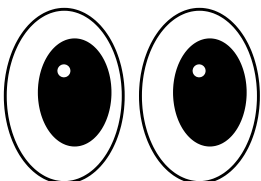
- Safe for users with latex allergies

- **Powder-Free**

- Prevents mess in food and cleaning tasks

- **Durable & Comfortable**

- Designed for everyday protection and comfort



12470

GLOVES - VINYL POWDER FREE BLUE MEDIUM 100'S

12471

GLOVES - VINYL POWDER FREE BLUE LARGE 100'S

16468

GLOVES - VINYL POWDER FREE BLUE EXTRA LARGE 100'S

12718

GLOVES - VINYL POWDER FREE CLEAR SMALL 100'S

12717

GLOVES - VINYL POWDER FREE CLEAR MEDIUM 100'S

12716

GLOVES - VINYL POWDER FREE CLEAR LARGE 100'S

19656

GLOVES - VINYL POWDER FREE CLEAR EXTRA LARGE 100'S



**\$6.00 PK**

SELL BY CTN

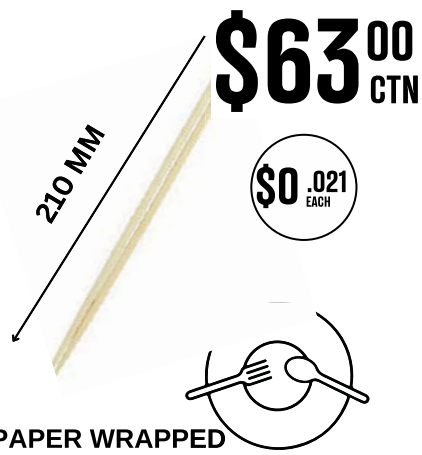
\$0.06 EACH

19028

GLOVES - NITRILE POWDER FREE BLACK LARGE 100'S

19027

GLOVES - NITRILE POWDER FREE BLACK MEDIUM 100'S



17897  
FULL PAPER WRAPPED  
ROUND BAMBOO  
CHOPSTICKS 220MM 3000'S



**\$38<sup>00</sup>** CTN

**\$0.095** EACH



**\$30<sup>00</sup>** CTN

**\$0.015** EACH



**\$30<sup>00</sup>** CTN

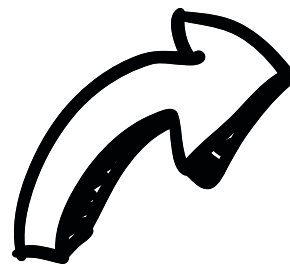
**\$0.015** EACH



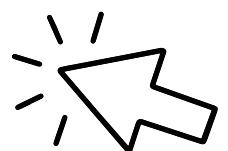
**\$30<sup>00</sup>** CTN

**\$0.075** EACH

16489  
WOODEN CUTLERY SET - FORK /  
KNIFE / NAPKIN 400'S



**ECO-FRIENDLY  
DISPOSABLE**





# HOW TO MAKE

# FEATURED INGREDIENTS

## Prepare Ingredients (1 servings)

Pork Belly Skin-on	300g
Cooking Oil	2tbsp
Chilli Bean Sauce	1tbsp
Light Soy Sauce	1tbsp
Chinese Cooking Wine	1/2tbsp
Sugar	1/2tbsp
Green Garlic	40g
Onion / Chilli	30g

### Step 1: Boil the Pork

- Place the pork belly in a pot of cold water. Add a few slices of ginger and bring to a boil. Simmer for about 15 minutes until just cooked. Remove and let cool. Once cooled, slice the pork thinly (about 3–5mm thick).

### Step 2: Stir-Fry the Pork

- Heat a wok over medium-high heat (no oil yet). Add the sliced pork directly to the dry wok and let the fat render out. Stir-fry until lightly golden and some fat has released, about 5–7 minutes.

### Step 3: Add Seasonings

- Push the pork to the side of the wok. Add 2 tbsp of oil and the doubanjiang. Stir-fry for 30 seconds to release aroma, then mix with the pork. Add soy sauce, cooking wine, sugar, and optional black bean paste. Stir well to coat.

### Step 4: Add Vegetables

- Toss in the green garlic or leek (and optional vegetables). Stir-fry briefly until the greens are just wilted but still crisp, about 1–2 minutes.



No. 27182  
Fresh Pork Belly B/L  
R/On 5kg (3) Vac R/W

**\$17.00/KG**



No. 16832  
Sauce - Pi Xian  
Chilli Bean Sauce  
1.2kg(8) Dan Dan

**\$4.50/UNIT**



No. 18964  
Sauce - Light Soy Sauce  
Golden Label 1.9l (6)

**\$5.50/UNIT**



No. 28238  
Hot Pot Soup Base  
Spicy 400g Da Hong Pao

**\$3.30/PKT**



No. 16209  
Sugar Raw 15kg

**\$32.00/BAG**

# Twice Cooked Pork

回  
锅  
肉



Twice-Cooked Pork, or Huí Guō Ròu, is one of the most beloved dishes in Sichuan cuisine. Made with tender slices of pork belly that are first simmered, then stir-fried with spicy doubanjiang, fragrant leeks, and savory seasonings, this dish delivers a perfect balance of heat, umami, and richness. Every bite offers crispy edges, bold flavor, and just the right amount of spice — perfect with a bowl of steamed rice.

All key ingredients are available at **B&E Foods** your trusted one-stop partner to boost your business with taste, efficiency, and profit.

approx.  
**\$5.43**  
of finished  
dish

**Cost per SERVE**  
when purchased  
from B&E Foods