

**B&E FOODS / NSW** 

# MONTHLY

Where Quality Counts!



# Mini Fish Bile Tajeas

# **HOW TO MAKE**

# FEATURED INGREDIENTS

#### **Prepare Ingredients (10 servings)**

Frozen I&J® South American Flathead Fish Bites
Chopped Tomato
Diced Red Onion
Chopped Parsley
Mini Tortilla Wraps
Diced Avocado
Garlic Aioli

20unit
100g
100g
10g
10unit
200g
servings

#### Step 1: Cook the Fish

 Cook frozen I&J Fish Bites following packet directions.

#### **Step 2: Make the Salsa**

 Combine tomato, onion and parsley.

#### **Step 3: Assemble the Tacos**

 Assemble tacos with avocado, salsa, top with cooked fish and serve with aioli and lime.



No. 18443
Fz Crispy Battered
Flathead Bites
1x3kg l&J
\$58.00/CTN



No. 16383
Fz Diced Avocado
1kg(10) Superkick
\$13.00/UNIT

No. 30742

Fz Flour Tortillas 5"

\$60.50/CTN

24x12 Mission



No. 19459 Vege - Gourmet Round Tumatoes Large Case 10kg/Ctn \$6.60/KG



No. 14568 Mayonnaise Aioli Garlic 2.2kg (3) Birch & Waite \$33.50/UNIT

ap

Perfectly sized for tacos! Bite-sized pieces of crispy flathead with fresh salsa and avocado in charred tortilla tacos.

All key ingredients are available at **B&E Foods** your trusted one-stop partner to boost your business with taste, efficiency, and profit.

Cost per SERVE when purchased from B&E Foods

# Edgell®

# **Australia's Premier Potato and Vegetable Brand**











# LYCHEE IN SYRUP

No.19522 CANNED FRUIT - LYCHEE IN SYRUP EASY OPEN 565G (12)

# From Everyday to Exquisite

Floating Market Jasmine Rice – Authentic Thai fragrance, perfect for daily dining. Golden Royal Bowl Jasmine Rice – Premium Hom Mali grains, crafted for a royal taste.



PREMIUM JASMINE LONG GRAIN (HOM

MALI) 20KG GOLDEN ROYAL BOW

No.28469

JASMINE RICE 20KG FLOATING MARKET

# **EXTRA HEAVY DUTY** GARBAGE BAG

Introducing our extra heavy-duty bin liners, available in three sizes, each featuring a star-seal bottom for exceptional

durability. Designed for easy peeling and affortless use.













No. 14749 **GARBAGE BAG - EXTRA** HEAVY DUTY 82L 810X950MM 250PCS/CTN EJ ECO

No. 12588 **GARBAGE BAG - EXTRA HEAVY DUTY 120L 950X1100MM** 250PCS/CTN EJ ECO

No. 17353 **GARBAGE BAG - EXTRA HEAVY** DUTY 240L 1120X1420 100PCS/ CTN EJ ECO

# **BIN LINERS**

## EXTRA HEAVY DUTY GARBAGE BAG EJ ECO

# Premium Beef



No. 16303 **PREM BEEF - YG CHUCK ROLL 70DAY GRAIN FED I/W VAC** 4.5KG+ R/W 20KG ACC (16/20)

No. 14348 **BEEF - WAGYU RUMP MB 4-5** 6KG+ (3) 20KG R/W SIR HARRY



No. 17293 **BEEF - EYE ROUND YG DEFATTED 3KG(6) R/W** 



BEEF BOLAR BLADE B LESS YG 5KG (4) R/W



**BEEF TOPSIDE (INSIDE) A** CAP OFF R/W 4KG (5) R/W

# Premium Pork



**FZ PORK RIBLET MEATY 20KG R/W** 



No. 10921 **FZ PORK TENDERLOIN** 500g-800g 15KG R/W VAC



THERE'S GOOD, THERE'S GREAT AND THEN THERE IS PRIMO





No. 11107 SAUSAGE - CHEESE KRANSKY 2.5KG (2) # 51731 R/W PRIMO



**No. 11111**YANKY FRANKS 8" SLIM SKIN ON 2.5KG (2) R/W PRIMO #6450



No. 10797 SALAMI - PEPPERONI MILD SLICED 40MM 2KG (2) # 05515 PRIMO



**No. 10774**SAUSAGE - KRANSKY 2.5KG (2) #
04941 R/W PRIMO



**No. 14375**SAUSAGES - AMERICAN HOT DOG 2.5KG (2) PRIMO #14150



**No. 71362**BACON DICED #02830 4KG PRIMO







No. 27336 **MAYONNAISE SMOKEY CHIPOTLE SQZ** 1 LITRE(8) BIRCH & WAITE

\$14.10/UNIT



No. 27337 MAYONNAISE ITALIAN TRUFFLE SQZ 1 LT(8) BIRCH & WAITE

\$15.00/UNIT



No. 28318 **SAUCE - PREMIUM BURGER** 1LTR (8) BIRCH & WAITE

\$14.25/UTIT





No. 14418 **FZ BUN - GOURMET SEEDED** BUN 4.5" 48 X 85G TIP TOP

\$42.16/CTN



No. 14419 FZ BREAD - GARLIC BREAD SUB 9" 40 X 125G AGB

\$36.47/CTN



No. 18652 **FZ BRIOCHE BURGER BUN** SLICED FB 4.5" 100G X 48 TIP TOP

\$40.89/CTN



No. 71179 FZ BUN - 7" HOT DOG ROLL **SLICD FULLBAKE 75G X 54 TIP TOP** 

\$35.75/CTN

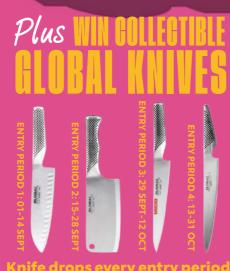








TOWARDS YOUR ENERGY BILL



Buy \$150 participating Unilever products to get a knife + 1 entry to the draw.



Promo period: 01 Sept - 31 Oct 2025. Open to eligible food businesses in AU & NZ. To enter, purchase \$150 (ex GST) of participating products between 1/9/25 and 31/10/25 & enter online by 11.59 pm AEDT 7/11/25. Limit 4 knives per Customer. Knife prizes are limited & awarded on a first entry received basis. Major winners drawn: S 203/12 Century Cct, Norwest 2153: 2pm 17/11/25, & published on website: 21/11/25. Unilever Australia Limited, 219 Nth. Rocks Rd, Nth. Rocks 2153. Authorised under: NSW TP/0403, SA T25/1342, SCAN TO VIEW PARTICIPATING PRODUCTS AND ENTER ▶ ACT TP25 01772. T&Cs apply.



# **KNORR PROFESSIONAL SAUCES & GRAVIES RANGE**



No. 11190 **GRAVY - RICH BROWN GRAVY 7.5KG KNORR** 

\$90.42/DRUM



No. 14131 **GRAVY - RICH BROWN GRAVY GF 6.5KG KNORR** 

\$86.90/DRUM



No. 11239 **GRAVY - RICH BROWN** GRAVY GF 2KG (6) KNORR

\$27.50/UNIT



No. 17940 SAUCE - DEMI GLACE GF 1.8KG (6) KNORR

\$32.00/UNIT



No. 14421 SAUCE - JUS GF 1.8KG (6) KNORR

\$69.99/UNIT



No. 17415 SAUCE - HOLLANDAISE SAUCE 1L (6) **GARDE D'OR KNORR** 

\$10.95/UNIT



PASTE - TANDOORI PASTE 1.15KG (4) KNORR PATAK'S

\$23.95/UNIT



No. 13910 **SAUCE - BUTTER CHICKEN SAUCE** 2.2L (2) KNORR PATAK'S

\$36.90/UNIT



No. 16242 **SAUCE - MEXICAN CHUNKY** SALSA 1.95KG (6) KNORR

\$16.99/UNIT



# Best Seakood, SEE FULL'S

\$76<sup>.50</sup> CTN

No. 12916 FZ BARRAMUNDI - FILLETS S/ LESS 100/200G 5KG



No. 27793 FZ SQUID - TUBES U/5 SUPER TENDER GIGAS 5KG/PK (2)



No. 14563 FZ SCALLOPS -1/2 SHELL ROE OFF MEDIUM 20/40 SIZE 1X5DOZ TASMANIAN



No. 11083 FZ WHOLE CRAWFISH -COOKED HOT SPICY FLAVOR 750G \* 10 OCEANS EMPIRE



No. 15106 FZ LOBSTER - TAIL RAW 10/12 OZ 4.54KG (4) BRAZILIAN







No. 28836 CREAM - THICKENED 5LT(3) DAIRY FARMERS

\$33.50/UNIT



No. 14132 FRESH CREAM - COOKING CREAM 5L (3) DAIRY FARMERS

\$28.50/UNIT



No. 15971 FRESH CREAM - SOUR CREAM LIGHT 5LT

\$35.95/UNIT



No. 14038 CHEESE - US MOZZARELLA SHRED 2KG X 6 DAIRY FARM-ERS

\$136.00/CTN



Our heavy-duty wipes are available in a wide range of colors, perfect for use in cafes, restaurants, and commercial kitchens



No. 16863 BLUE EXTRA HEAVY **DUTY 90 SHEETS** ANTI-BACTERIAL 30X50CM 4 ROLLS/CTN



No. 16868 GREEN EXTRA HEAVY **DUTY 90 SHEETS** 30X50CM 4 ROLLS/CTN



No. 31271 RED EXTRA HEAVY **DUTY 90 SHEETS** 30X50CM 4 ROLLS/CTN



No. 11105 **BROWN EXTRA HEAVY DUTY 90 SHEETS** 30X50CM 4 ROLLS/CTN

# **BENCHTOP ROLL**

Our commercial-grade benchtop rolls are sturdy and thick, offered in multiple sizes. Our foil rolls, cling wraps, and baking papers are designed for both strength and convenience

# **Cling Wrap**



\$14.50

Heavy Duty Clingwid

CLING WRAP - WITH CUTTER HEAVY DUTY 33CM X 600M (6)

No. 12346 CLING WRAP - WITH CUTTER HEAVY DUTY 45CM × 600M (6)

# Foil Roll

600m x 45c



44CM X 150M-PREMIUM HEAVY DUTY

FOIL ROLL - ALL PURPOSE

FOIL ROLL - ALL PURPOSE 44CM X 150M (6)

No. 13432 FOIL ROLL - PREMIUM HEAVY DUTY 44CM (6)

#### \* GST NOT INCLUDED

# **TAKEAWAY PAPER CARRY BAG**













No. 27572 TWISTED HANDLE 280X280 X160MM 250'S



No. 17662 MEDIUM TWIST HANDLE 305X305X175MM 250'S



No. 27798 TWIST HANDLE 350X330X230MM 150'S



No. 27429 SMALL FLAT HANDLE 250'S 280X280X160MM



No. 19646 FLAT HANDLE 250'S 305X305X175MM

# **CHECKOUT SOS PAPER BAG**













SOS BAG - BROWN #8 50GSM 157X100X310



SOS BAG - BROWN #12 50GSM 178X112X330MM



No. 31079 SOS BAG - BROWN #16 70GSM 240X120X390MM

# **PRODUCE ROLL**



\$36.00

No. 27781 PLASTIC BAG - PRODUCE ROLL GUSSET XL 460\*250\*100 450'SX6

# Top Quality Canned to Perfection



No. 13812 CANNED - CORN KERNELS A10 2.84KG (3) TWIN PINE



No. 19500 BAMBOO SHOOT STRIP A10 (3) TWIN PINE





No. 16058 CANNED - CORN KERNELS EASY OPEN 425G (24) TWIN PINE



No. 19632 BAMBOO SHOOT SLICE A10 (3) TWIN PINE



No. 19499 CANNED - BABY CORN CUT A10 2.84KG X 3/CTN TWIN PINE



No. 27984 CANNED - BABY CORN WHOLE 150 UP A10 2.84KG X 3/CTN TWIN PINE



No. 18310 CANNED - PINEAPPLE PIZZA CUT A10 3KG (3)/CTN TWIN PINE



# AUSTRALIA'S #1 MANUFACTURER OF CRUSHED GARLIC



No. 19532 CHILLI - CRUSHED 1KG (6) CV



No. 19541 GARLIC - CRUSHED (BULK) 10KG CV



No. 19535 GINGER - MINCED (BULK) 10KG CV



**No. 19536**GINGER - CRUSHED 1KG (6) CV



No. 19533 GARLIC - CRUSHED 2KG (4) CV



Clean spaces, simple solutions.



No. 10735 **INDUSTRIAL MOP HANDLE ALUMINIUM RED 1500MM NAB** 



No. 18767 MICROFIBER MOP HEAD **RED 350G NAB** 



No. 10823 STAINLESS STEEL SCOURERS 70G\*6 (24)



No. 16155 **SPONGE SCOURER - REGULAR DUTY** GREEN 100\*150\*30MM 10S(18)



# CRISCO CANOLA OIL

No.16406 OIL - AUS CANOLA 20LT DRUM CRISCO



# Front of **House Solutions**



**SAUCE - TOMATO KETCHUP** (GF) 4LTR(3) HFINZ

\$14.95/UNIT



SAUCE - BBQ 4LTR(3) HEINZ

\$14.95/UNIT



SAUCE - TOMATO GLUTEN FREE 4LTR (3) IXL

\$9.95/UNIT



No. 14457 SAUCE - SPICY BBQ BUFFALO 500ML X 10 HEINZ

**BY REQUEST** \$30.00/CTN



SAUCE - TOMATO (GF) 4LTR(3) HFIN7

1.7kg NET

NATURAL SEA SALT FLAKES

1.7KG (3) SAXA

No. 14456

X 10 HEINZ

No. 14458

SAUCE - TOMATO KETCHUP

PICKLE 500ML X 10 HEINZ

**BY REQUEST** 

\$38.50/CTN

BY REQUEST

\$30.00/CTN

SAUCE - SMOKEY BBQ 500ML

\$32.00/UNIT



# **Table Caddy**

#### **Customer-centric**

1 in 2 consumers hate having caddy reduces consumer anxiety around having to ask staff for more sauce.

Brand is a signifier of quality, with 1 in 2 consumers seeing Heinz as the benchmark for



# **Taste Tap**

#### Use of 4L Bottles can help reduce plastic sachets

Our Taste Tap unit is the equivalent of 400 x 10mL Heinz Tomato Ketchup sachets.

#### Recyclable 4L bottles

Our 4L bottles are readily recyclable in kerbside recycling.

#### **Reusable Taste Tap units**

While not recyclable, our sturdy dispensers can withstand regular use in a oodservice environment.

Enhance your customers' dining



No. 26499 SAUCE - TOMATO KETCHUP 500ML X 10 HEINZ

**BY REQUEST** \$43.00/CTN



MUSTARD - AMERICAN **MUSTAR 220ML X 8 HEINZ** 

**BY REQUEST** \$24.00/CTN



#### Haday is China's leading brand for soy sauces and fermented seasonings, known for premium quality, natural ingredients, and traditional brewing. With no additives and a focus on authentic flavor, Haday is a top choice for Asian cooking.



#### **DARK SOY** SAUCE

No.19000 SAUCE - DARK SOY SAUCE SIGNATURE 1.75L (6) HADAY \$4.80/UNIT



#### **SESAME OIL 100%**

No.10760 SEASONING OIL -SESAME OIL 100% PURE 1.9L (6) HADAY HDY1 \$20.00/UNIT



#### SOY SAUCE

No.18283 SAUCE - SOY SAUCE **GLUTEN FREE** NATURALLY BREWED (GF) 1.9L (6) HADAY \$7.20/UNIT



#### **LIGHT SOY SAUCE**

No.18964 SAUCE - LIGHT SOY SAUCE GOLDEN LABEL 1.9L (6) HADAY



#### **OYSTER** SAUCE

No.18975 SAUCE - OYSTER SAUCE VALUE DRUM 6KG (2) HADAY (72/P) \$12.00/UNIT



#### **SESAME** OIL

No.10896 SEASONING OIL -SESAME OIL BLENDED 5L (4) HADAY HDY1 \$22.00/UNIT



#### SOY SAUCE

No.18967 SAUCE - SEASONING SOY SUACE FOR SEAFOOD 1.75L (6) HADAY HPT1 \$7.30/UNIT



### **BEAN** VERMICELLI

No.30566 BEAN VERMICELLI -500GM (20) DOUBLE DRAGON \$4.10/UNIT



### **BEAN VERMICELLI**

No 30567 BEAN VERMICELLI 40G\*10 (25) DOUBLE DRAGON \$4.50/UNIT



#### **1MM RICE STICK**

No.11170 RICE STICK FOR PAD THAI 1MM 1KG (12) DOUBLE DRAGON \$3.99/UNIT



### **3MM RICE STICK**

RICE STICK FOR PAD THAI 3MM 1KG (12) **DOUBLE DRAGON** \$3.99/UNIT



### **5MM RICE STICK**

No.11172 RICE STICK FOR PAD THAI 5MM 1KG (12) DOUBLE DRAGON \$3.99/UNIT





# **FISH** SAUCE

No.11156 FISH SAUCE **GLUTEN FREE** 700ML(12) HEALTHY BOY \$3.20/UNIT



## **FISH** SAUCE

No.11157 FISH SAUCE GLUTEN FREE 4.5L(3) HEALTHY BOY



# **SUKIYAKI** SAUCE

No.11096 SUKIYAKI SAUCE -**CANTONESE STYLE** 900G (12) MAE **PRANOM** 

\$4.20/UNIT



# **PLUM SAUCE**

No.11095 SAUCE - PLUM SAUCE SWEET & SOUR (GF) 980G (12) **MAE PRANOM** \$3.70/UNIT



## **MILD SRIRACHA**

No.12218 SAUCE - SRIRACHA CHILLI SAUCE MILD (GF) (VEGAN) 810G (12) **HEALTHY BOY HBY1** \$6.00/UNIT

**OYSTER** 

SAUCE

No.11155



## **SRIRACHA MAYO**

No.16461 SRIRACHA MAYON-NAISE (GF) (VEGAN) 745G (12) **HEALTHY BOY** 

\$8.90/UNIT



# **STRONG SRIRACHA**

No.12591 SAUCE - SRIRACHA STRONG SAUCE 750ML (12) KAI / HEALTHY BOY \$5.10/UNIT



No.19611 SAUCE - VEGAN OYS-TER SAUCE (GF) ASIAN STIR 4.5L (3) HEALTHY **BOY HBY1** \$18.50/UNIT



Healthy Boy is a trusted Asian brand known for its high-quality sauces and condiments, especially its signature soy sauce. Made in Thailand with traditional recipes and select ingredients, Healthy Boy delivers authentic flavor and consistent quality, making it a favorite among home cooks and chefs worldwide.



# SOY SAUCE

No.11154 SOY SAUCE - GLUTEN FREE 4.5L (3) HEALTHY **BOY HBY1** 



# **SWEET** SOY SAUCE

No.18598 SWEET SOY SAUCE (GF) 5KG (3) HEALTHY BOY \$19.50/UNIT



## **NAMPRIK PAO**

No.11235 PASTE - NAMPRIK PAO (THAI CHILLI PASTE IN OIL) **GLUTEN FREE 1KG** (6) MAE PRANOM MPM1 \$9.00/UNIT



## **SWEET CHILLI** SAUCE

No.21343 **SWEET CHILLI** SAUCE (GLUTEN FREE) (VEGAN) 5KG (3) MAE PRANOM MPM1

\$17.60/UNIT



## **CHILLI PASTE**

No.21344 PASTE - CHILLI PASTE IN OIL FOR TOM YUM (GF) 3KG (6) MAE PRANOM MPM1

\$16.50/UNIT



## **FISH** SAUCE

No.12222 **FISH SAUCE** 700ML (12) JAWS \$2.30/UNIT



**S**TAF

## **FISH SAUCE**

No.12223 **FISH SAUCE** 4.5LTR (3) JAWS \$12.60/UNIT



#### **TAMARIND** CONCENTRATE No. 19513 **TAMARIND** CONCENTRATE

GLUEN FREE (GF)

\$6.00/UNIT

1KG(12)



# COCONUT **CREAM**

No.12148 COCONUT CREAM 560ML (24) AROY D (TAF) \$2.60/UNIT



# **SWEET CHILLI SAUCE**

No.12243 **SWEET CHILLI SAUCE 4.5L (3)** AROY D (TAF) \$17.60/UNIT





# WHOLE CHICKEN WINGS

No.14388 FROZEN COOKED FLAME GRILLED 80-100G 6PCS X 8 6KG R/W







# COCKED CHICKEN PIZZATOPPING