

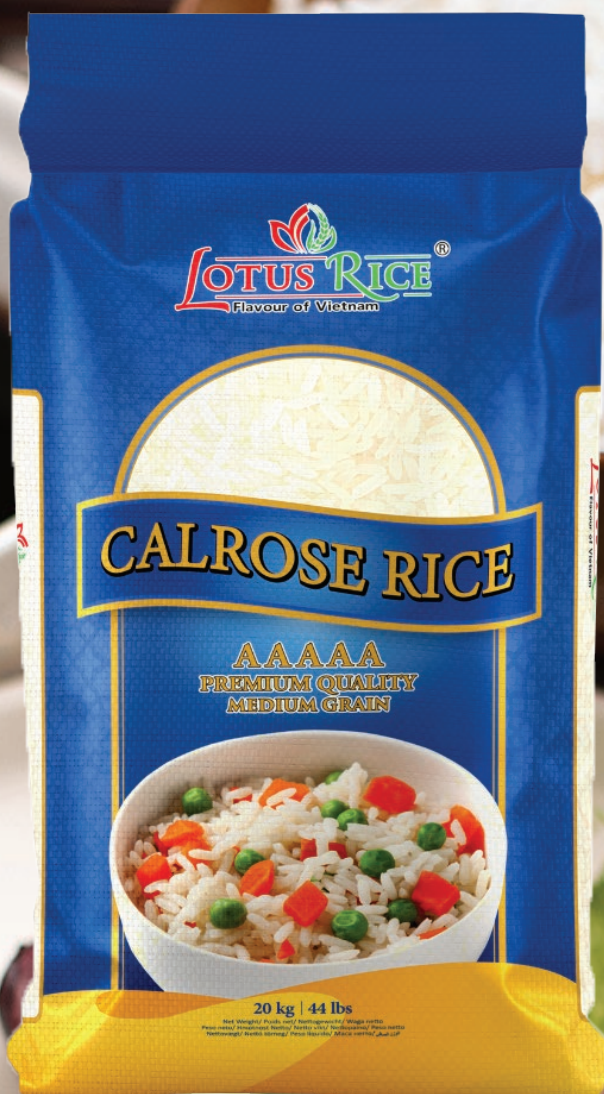


1/05/2025 to 31/05/2025

B&E FOODS / VIC

MONTHLY MENU

Where Quality Counts!



\$34.⁰⁰
BAG

MEDIUM GRAIN RICE

No.26413 RICE - CALROSE MEDIUM GRAIN 20KG LOTUS

HOW TO MAKE

FEATURED INGREDIENTS

Prepare Ingredients (10 servings)

Fz Cooked Pulled Beef	1200g
Fz Flour Tortillas 5"	30pcs
Mexican Chunky Salsa	300g
Fz Avocado Chunky	300g
Sour Cream Light	300g
Cheese Mexi Shred Blend	300g
Smokey Chipotle	150g
Mayonnaise	

Step 1: Heat the Beef

Fully thaw and reheat the frozen pulled beef until hot throughout. Use a pan, oven, or steamer (target temp $\geq 75^{\circ}\text{C}$).

Step 2: Prepare the Toppings

- Portion the avocado, salsa, sour cream, and shredded cheese.
- Load the chipotle mayo into a squeeze bottle for easy application.

Step 3: Warm the Tortillas

Toast the 5" tortillas briefly on a flat grill or pan for 10–15 seconds until soft and pliable.

Step 4: Assemble the Tacos

- Add approx. 40g of pulled beef per tortilla
- Top with 1 spoon of salsa, chunks of avocado, a dollop of sour cream, and shredded cheese
- Finish with a squeeze of smoky chipotle mayo



No. 15908
Fz F/Cooked Pulled Beef
4 X 2kg Rte Melco

\$20.51/KG



No. 15971
Fresh Cream
Sour Cream Light 5lt

\$37.00/UNIT



No. 13961
Fz Avocado Chunky
Avocado 454g X 16 Wholly

\$128.00/CTN



No. 16242
Mexican Chunky Salsa
Sauce 1.95kg (6) Knorr

\$19.10/UNIT



No. 18746
Cheese - Mexi Shred
Blend 2kg (6) Tuscan

\$34.00/UNIT



No. 27336
Mayonnaise Smokey
Chipotle 1 Litre(8)
Birch & Waite

\$16.70/UNIT



No. 30742
Fz Flour Tortillas
5" 24x12 Mission

\$60.50/CTN

Smoky chipotle Pulled Beef **tacos**



Big flavour in a small taco – bold, juicy, unforgettable. Slow-cooked Mel-co pulled beef, loaded onto warm Mission flour tortillas and topped with Wholly avocado chunks, zesty Knorr salsa, creamy sour cream, and a bold hit of Birch & Waite's smoky chipotle mayo. Finished with a generous sprinkle of Tuscany's shredded Mexi cheese blend.

All key ingredients are available at **B&E Foods** your trusted one-stop partner to boost your business with taste, efficiency, and profit.

approx.
\$2.00
of finished
dish

Cost per TACO
when purchased
from B&E Foods

Crispy Corn & Chicken Snack Box



approx.
\$6^{.04}
of finished
dish

**Cost per DISH
when purchased
from B&E Foods**

FEATURED INGREDIENTS



No. 17793
Fz F/Cooked Chicken
Wing Tip Off 2kg (3) Melco

\$11.83/KG



No. 19507
Fz Vegetables - Corn
Ribs 1.5kg X 6 Edgell

\$91.20/CTN



No. 17644
Cheese - Parmesan
Shredded 1kg (8) Dirossi

\$19.30/UNIT

EXTRA HEAVY DUTY GARBAG BAG



RECYCLABLE

Introducing our extra heavy-duty bin liners, available in three sizes, each featuring a star-seal bottom for exceptional durability. Designed for easy peeling and effortless use.



EJ ECO

"simply eco"



\$35.00*
CTN

No. 14749
82L 810X950MM
250PCS/CTN



\$45.00*
CTN

No. 12588
120L 950X1100MM
250PCS/CTN



\$30.00*
CTN

No. 17353
240L 1120X1420MM
100PCS/CTN

FOIL ROLL



No. 13432
FOIL ROLL - PREMIUM HEAVY
DUTY 44CM X150M (6)

\$23.65*
UNIT



No. 19621
FOIL ROLL - ALL PURPOSE
44CM X 150M (6)

\$19.05*
UNIT



No. 19622
FOIL ROLL - ALL PURPOSE
30CM X 150M (6)

\$13.75*
UNIT

* GST NOT INCLUDED



35% Oyster Extract

Haday's true and rich formula. A taste like no other.

\$4.⁵⁰
UNIT

\$10.⁰⁰
UNIT



No. 18974
OYSTER SAUCE - HANDY
BOTTLE 2.27KG (4) HAITIAN



No. 18975
SAUCE - OYSTER SAUCE VALUE
DRUM 6KG (2) HADAY



Green Prawn Cutlet



Vannamei

No. 12070
FZ - GREEN PRAWN
CUTLET VANN 16/20
700G N/W (10)

\$18.⁵⁰
PK

NO. 12071
FZ - GREEN PRAWN
CUTLET VANN 21/25
700GM(10)

\$17.⁰⁰
PK

NO. 70895
FZ - GREEN PRAWN
CUTLET VANN 26/30
700G(10)

\$15.⁸⁰
PK



\$12^{.00}
KG

No. 10868
**BEEF - BOLAR BLADE B/
LESS YG 5KG (4) R/W**



\$13^{.20}
KG

No. 10876
**BEEF - BRISKET YG POINT
END I/W VAC 5KG (4) R/W
GRAIN FED**

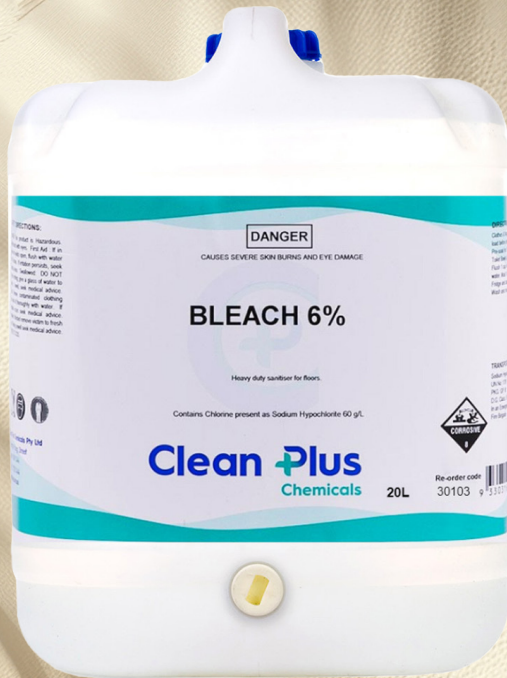


\$13^{.00}
KG

No. 10858
**BEEF - CHUCK ROLL 5KG
(4) R/W**

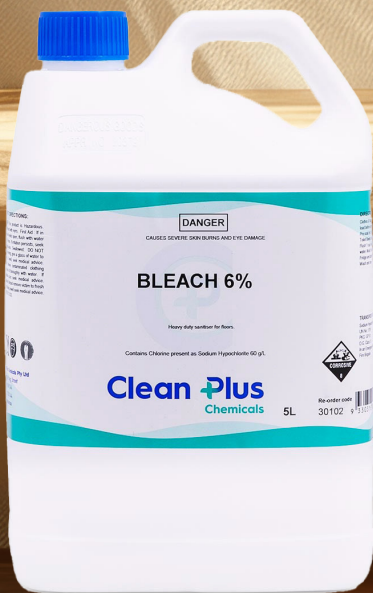
TRADED BEEF

BOLAR BLADE | BRISKET | CHUCK ROLL



\$25.00
DRUM

NO. 12460
CHEMICAL - BLEACH 6% 20LTR
DRUM CLEAN PLUS



\$9.00
UNIT

No. 12970
CHEMICAL - BLEACH 6%
5LITRE (4) CLEAN PLUS

CLEAN PLUS

CHEMICAL CHOICE MULTIPURPOSE DEGREASER



\$9^{.50}
UNIT

No. 13998
SAUCE - TOMATO SAUCE 4L
(3) FOUNTAIN



\$10^{.50}
UNIT

No. 12317
SAUCE - TOMATO GLUTEN
FREE 4LTR (3) IXL

TOMATO SAUCE

FOUNTAIN & IXL TOMATO SAUCE



\$12.⁵⁰
KG

No. 14024
AUS BUTTER UNSALTED
1KG (10) DEVONDALE



\$12.⁵⁰
KG

No. 14023
AUS BUTTER SALTED
1KG (10) DEVONDALE

DEVONDALE BUTTER

SALTED & UNSALTED AUSTRALIAN BUTTER DEVONDALE



\$43^{.00}
CTN

No. 26156
CHIP BOX - SOFT CARDBOARD
SMALL 75X75X100 500'S
PAC TRADING



\$30^{.00}
CTN

No. 26157
CHIP BOX - SOFT CARDBOARD
LARGE BROWN 94*47*150
250'S PAC TRADING



\$29^{.00}
CTN

No. 13611
FZ CHIPS - S/CUT 13MM GF
6X2KG FRY ESSENTIALS
LAMB WESTON

\$29^{.00}
CTN

No. 13612
FZ CHIPS - S/CUT 10MM GF
6X2KG FRY ESSENTIALS
LAMB WESTON

***Online
Exclusives***