



01/10/2026 to 30/10/2026

B&E FOODS / WA

MONTHLY

MENU

Where Quality Counts!

MelCo Foods
NATURAL CHOICE

No. 28461
FZ COOKED
CHICKEN LOLLIPOP
BUFFALO 2.5KG (2)
MELCO 64/P

\$41.00/CTN

No. 28610
FZ COOKED SOUTHERN
STYLE WING NIBBLES
2.5KG (2) MELCO 64/P

\$49.00/CTN

No. 28679
FZ P/COOKED SOUTHERN
STYLE BREAST 150G 6KG/CTN
MELCO 50/P

\$85.00/CTN



Shellfish Range

Shellfish Range

Discover our quality shellfish range, featuring versatile options suited to a variety of dishes, cuisines and menus. From everyday favourites to premium selections, our range makes it easy to create fresh, flavourful seafood dishes for any occasion.



SHELLFISH

No. 21945
FZ SESAME PRAWN TOAST
1kg (6) PACIFIC WEST
\$190.00/CTN

No. 21946
FZ CRUNCHY PRAWN STACKERS
1kg (6) PACIFIC WEST
\$150.00/CTN

No. 15225
WHOLE RAW LOBSTER EXTRA
LARGE 1300-2500g 15kg R/W
WESTERN AUSTRALIA
\$43.00/kg

No. 15106
FZ LOBSTER - TAIL RAW 10/12
OZ (l) 4.54kg BRAZILIAN
\$340.00/PK

No. 22025
ONE LEG MALE BLUE
SWIMMER CRAB kg R/W
\$12.00/kg

Prawns For Your Menu

PRAWN MEAT

No. 27433

FZ PRAWN - CUTLETS VANN 31/40
PEELED & COOKED (I) 700g (10)
\$14.50/PK

No. 15753

FZ PRAWN - MEAT 90/120 VANN
PEELED & COOKED (I) 700g (10)
\$10.50/PK

No. 13452

FZ WHOLE PRAWN - RAW TIGER
PRAWN 15/25 5kg QLD
\$90.00/CTN

No. 13523

FZ WHOLE PRAWN - AUSTRALIAN
COOKED KING PRAWN 10/15 5kg
\$115.00/CTN

No. 16056

FZ WHOLE PRAWN AUSTRALIAN
RAW KING U/10 5kg CTN *SOUTH
AUSTRALIA*
\$140.00/CTN

No. 20199

FZ PRAWN - AUSTRALIAN BANANA
PRAWN CUTLET 21/25 1kg (10)
\$315.00/CTN



Fish Range



No. 15156
FZ NZ SOLE B
250- 325g 12kg/CTN
\$98.00/CTN

No. 15160
FZ NZ SOLE C
325 - 400g 12kg/CTN
\$135.50/CTN

No. 14299
FZ NZ SOLE D
400 - 500g 12kg/CTN
\$135.50/CTN

No. 15162
FZ NZ SOLE D
400 - 500g 10kg/CTN
\$150.00/CTN



No. 14298
FZ NZ LEMON SOLE C
325 - 400g 12kg/CTN
\$135.50/CTN

No. 15149
FZ NZ LEMON SOLE D
400 - 500g 12kg/CTN
\$135.50/CTN

No. 15153
FZ NZ LEMON SOLE C
700 - 800g 12kg/CTN
\$135.50/CTN



No. 27514
FZ TILAPIA - WHOLE GGS
600/800g 10kg (I)

\$62.00/CTN



No. 16055
FZ LING FISH FILLET
SKINLESS 300/500g
NZ 10kg LAND FROZEN

\$154.00/CTN



No. 18642
FZ SEAFOOD BASKET
230g (20) BLUE WAVE

\$76.00/CTN



No. 11238
FZ TILAPIA - FILLET S/OFF
BONELESS 7-9oz 10kg/
CTN OCEAN EMPIRE (I) IVP

\$78.00/CTN



No. 15136
FZ NZ BRILL WHOLE
GUTTED - C 325 - 400g
10kg/CTN

\$155.00/CTN



No. 10174
FZ TUNA - SAKU SASHIMI
GRADE 300g AVG VAC
PACK BLOCK 5kg (I)

\$138.00/CTN

Asian Staples

Bring bold flavour to every dish

Oil and Soy Sauce

Explore our range of essential cooking oils and soy sauces, ideal for frying, marinating, seasoning and adding rich, authentic flavour to a variety of Asian-inspired dishes.



DARK SOY SAUCE

No.18966
SAUCE - DARK SOY
SAUCE MUSHROOM
FLAVORED 4.9L (2)
HADAY

\$13.00/UNIT



DARK SOY SAUCE

No.19000
SAUCE - DARK SOY
SAUCE SIGNATURE
1.75L (6) HADAY

\$5.80/UNIT



LIGHT SOY SAUCE

No.18970
SAUCE - LIGHT SOY
SAUCE DELICIOUS
VALUE DRUM 10.5L
(2) HADAY (36/P)

\$20.00/UNIT



SEASONING SOY SAUCE

No.18967
SAUCE - SEASONING
SOY SAUCE FOR
SEAFOOD 1.75L (6)
HADAY HPT1

\$6.80/UNIT



VEGETABLE OIL

No.14665
OIL - PREMIUM VEGETABLE
FRYING OIL 15L BIB GOLD
CHOICE

\$42.00/BAG



EJ ECO
"simply eco"

CLEAN UP ESSENTIALS

Bags, Wipes & Gloves



No.31271
90 Sheets Wipes
Red Extra Heavy Duty
300x500mm, 4 Rolls

\$40.00*/CTN



No.14749
Extra Heavy Duty
82L Garbage Bags
810x950mm 250pcs

\$36.00*/CTN



No.12718
Vinyl Powder Free
Small Clear Gloves
100's (10)

\$30.00*/CTN



No.12471
Vinyl Powder Free
Large Blue Gloves
100's (10)

\$63.00*/CTN



No.12588
Extra Heavy Duty
120L Garbage Bags
950x1100mm 250pcs

\$55.00*/CTN



*gst not included

TAKEAWAY & PACKAGING

Reliable & Easy



No. 70761
SUGARCANE ROUND PLATE
9" 500PCS/CTN #YP09/
SCX-P9 EJ ECO
\$43.00/CTN*



No. 21336
SUGARCANE TRAY - 9" 3
COMPAR 228.6X228.6X44MM
200'S #STT93 (LID
21337/14995) TRADED
\$43.00/CTN*



No. 15804
SUGARCANE CLAMSHELL 9"/
3 COMPARTMENTS 200'S #P-
SH09-3 PAC TRADING
\$45.00/CTN*



No. 13479
SAUCE CONTAINER -
SUGARCANE 1OZ 2000'S
#C001 #SC-1OZ SHANG WEI
\$58.00/CTN*



No. 18902
SATCHEL BAG - 1SO WHITE
175X102X51MM 500'S PAC
TRADING
\$5.80/PK*



No. 18901
SATCHEL BAG - S.BREAD
WHITE 380X152X89MM
500'S #SBR PAC TRADING
\$18.80/PK*



No. 26146
TRAY - SOFT CARDBOARD
SMALL 110X75X40 900'S
#BT2 EJ ECO
\$26.80/CTN*



No. 13332
PAPER STRAW - JUMBO
PLAIN WHITE I/W 0.8X23CM
2000PCS/CTN PAC TRADING
\$44.00/CTN*



No. 14852
BURGER BOX - PLAIN WHITE
CORRUGATED 102x105x80
250'S #WCB2 PAC TRADING
\$48.00/CTN*

*gst not included

LAST STOCK SALE

NAPKINS & UTENSILS

Complete every meal with our practical range of disposable utensils and napkins, perfect for takeaway, catering and everyday foodservice.



No. 19954
NAPKINS - DINNER WHITE
QUILTED GT FOLD 1000'S
EJ ECO
\$28.00/CTN*



No. 16395
NAPKINS - LUNCH
WHITE 2PLY 1/4 FOLD
2000'S EJ ECO
\$30.00/CTN*



No. 27727
NAPKINS - COCKTAIL
WHITE 2PLY 1/4 FOLD
2000'S EJ ECO
\$21.00/CTN*



No. 15257
NAPKINS - BROWN 2PLY
COCKTAIL 1/4 FOLD
230X230MM 2000'S
#BN24 PAC TRADING
\$22.00/CTN*



No. 18547
NAPKINS - 2PLY LUNCH
WHITE 1/4 FOLD 2000'S
#N30 PAC TRADING
\$26.00/CTN*



No. 27936
SPORK - WOODEN
165X34X1.5MM 2000'S
WSK165 EJ ECO
\$32.00/CTN*



No. 27577
FORK - WOODEN
160X26X1.5MM
2000'S #WF160 EJ ECO
\$48.00/CTN*



No. 27576
SPOON - WOODEN
160X34X1.5MM 2000'S
#WS160 EJ ECO
\$30.00/CTN*



No. 16489
WOODEN CUTLERY SET -
FORK / KNIFE / NAPKIN
400'S #W-FKN EJ ECO
\$48.00/CTN*



No. 17895
SPOONS - SUGARCANE
CHINESE SOUP SPOON
140X42X46MM 1000'S
EJ ECO
\$48.00/CTN*



No. 19025
SPOON - WOODEN
160X34X1.5MM
IND/WRAP 2000'S
#WS160IW PAC TRADING
\$30.00/CTN*



No. 21306
KNIFE - WOODEN
160MM 1000'S
#EC-WC0800 ENVIRO
CHOICE
\$20.00/CTN*

LAST STOCK SALE

*gst not included