B&E FOODS

01/11/2026 to 30/11/2026

B&E FOODS /NSW MONTHLY MENU

Where Quality Counts!

Product of Italy



No.19117
Italian Tomatoes
Pulpy Crush
10kg BIB
$25.00/CTN
Just TOMATOES

No.15327
Pizza Sauce
Aromatizzata
4.05kg × 3
$10.20/UNIT
Just TOMATOES

No.19157
Italian Tomatoes
Chunky Crushed / Diced
2.5KG × 6
$7.00/UNIT
Just TOMATOES

No.13186
Italian Tomatoes
Whole Peeled
2.5KG × 6
$7.00/UNIT
Just TOMATOES

No Added Sugar | No Starch | No Thickeners | No Artificial Colours

Premium Beef

YG grain-fed steaks • portioned for foodservice



RUMP CAP OFF / ANGUS RESERVE

No. 18161 200g 5pc/VAC • R/W	**$23.90** /KG
No. 17441 250g 5pc/VAC • R/W	**$23.90** /KG
No. 27569 300g 4pc/VAC • R/W	**$23.90** /KG



RUMP CAP ON

No. 16158 200g 5pc/VAC • R/W	**$21.90** /KG
No. 16159 250g 5pc/VAC • R/W	**$21.90** /KG
No. 16160 300g 4pc/VAC • R/W	**$21.90** /KG



SCOTCH FILLET

No. 17460 200g 8pc/VAC • R/W	**$37.90** /KG
No. 17451 250g 6pc/VAC • R/W	**$37.90** /KG
No. 17469 300g 6pc/VAC • R/W	**$37.90** /KG



STRIPLOIN PORTION

No. 18182 200g 8pc/VAC • R/W	**$28.90** /KG
No. 17447 250g 8pc/VAC • R/W	**$28.90** /KG
No. 16157 300g 6pc/VAC • R/W	**$28.90** /KG

Butcher's selection

Beef & Pork



$12.90 KG

No.10868
Beef Bolar Blade
Boneless
5kg (4) • R/W



$16.50 KG

No.19949
Beef Intercostal
YG Frozen
5kg • Vacuum Pack



$13.90 KG

No.10867
Beef Rump A
Cap On
4kg (5) • R/W



$13.90 KG

No.10912
Frozen Pork Ribs
Half (USA)
20kg • R/W



$10.80 KG

No.10902
Frozen Pork Neck
Collar Butt
2kg Pack • 16kg Ctn • R/W



$6.40 KG

No.10904
Frozen Pork Shoulder
Rindless & Boneless
3-4kg/pc • 20kg • R/W

LAMB

& MUTTON

CUTS FOR YOUR KITCHEN



$18.50 KG

No.12561
Lamb Shoulder
Boneless
4kg (5) • 20kg • R/W



$18.50 KG

No.16787
Lamb Leg
Rolled & Netted
2kg (8) • Boneless • R/W



$29.50 KG

No.27854
Frozen Mutton
Backstrap



$13.50 KG

No.13516
Frozen Lamb Shank
Forequarter
M/W • Vacuum Pack

FROZEN SEAFOOD

CRAB / PRAWNS / SCALLOPS / SQUID



No.15994
Lobster Tails
12-14 oz
4.54kg - Brazil
$68.00/KG $308.72/PK



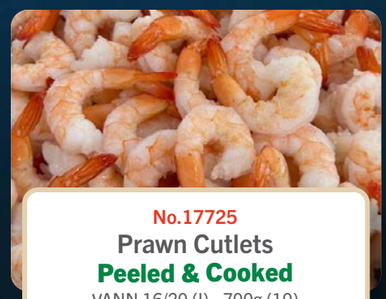
No.15088
Japanese Scallops
Frozen - 4S
24-27/LB - 51-60/kg - 1kg (10)
$54.00/KG JAPAN



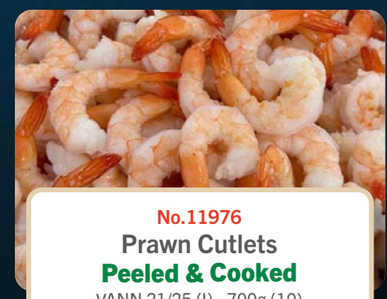
No.15761
Marinara Mix
Seafood
$10.00/KG



No.17616
Prawn Meat
Cooked & Peeled
VANN 26/30 - 700g (10)
$13.75/PK CARTON SALE ONLY



No.17725
Prawn Cutlets
Peeled & Cooked
VANN 16/20 (I) - 700g (10)
$14.50/PK CARTON SALE ONLY



No.11976
Prawn Cutlets
Peeled & Cooked
VANN 21/25 (I) - 700g (10)
$13.50/PK CARTON SALE ONLY



No.14690
Torpedo Prawn
Crumbed Pre-Fried
13/15 (I) - 1kg (10)
$13.00/KG



No.16876
Smoked Salmon
Sliced - Frozen
1kg (10) - Norway
$30.00/KG



No.27584
Raw King Prawn
Australian - Whole
U/8 - 5kg - QLD
$46.00/KG $230.00/CTN



MEZZAT
FINE FOODS
MEDITERRANEAN FLAVOURS
MADE FOR SHARING

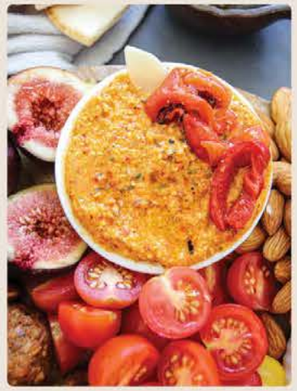
Authentic Mediterranean Flavours. Crafted with Care.

At Mezzat Fine Foods, we believe that exceptional food starts with quality ingredients and a passion for traditional recipes.

Our range of dips, pestos, relishes, tapenades, olives, cheese and antipasto are crafted to bring the rich, vibrant flavours of the Mediterranean to your table.



DIPS



PESTOS



CONDIMENTS



TAPDENADES



OLIVES



ANTIPASTO



CHEESE



Share the flavours of the Mediterranean

DIPS

No.11624
Fresh Dip
Hommus
2kg (4)
$20.80/UNIT

No.11629
Fresh Dip
Tzatziki
2kg (4)
$22.50/UNIT

No.70667
Fresh Dip
Taramasalata
2kg (4)
$19.85/UNIT

PESTO & TAPENADE

No.11592
Fresh Pesto
Basil
2kg (4)
$21.80/UNIT

No.11596
Fresh Olive Tapenade
Kalamata
2kg (4)
$25.40/UNIT

OLIVES

No.12973
Fresh Olives
Sicilian
2kg (4)
$26.65/UNIT

No.11632
Fresh Kalamata Olives
Sliced
2kg (4)
$21.15/UNIT

No.70646
Fresh Mixed Olives
Pitted & Marinated
2kg (4)
$27.15/UNIT

ANTIPASTO

No.11600
Fresh Tomatoes
Semi Dried
2kg (4)
$21.80/UNIT

No.11602
Fresh Tomato Strips
Sundried
2kg (4)
$22.30/UNIT

No.11604
Fresh Whole Capsicum
Chargrilled
2kg (4)
$21.80/UNIT

No.19540
Fresh Artichoke
Chargrilled
2kg (4)
$21.80/UNIT

No.11605
Fresh Eggplant
Chargrilled
2kg Tub (4)
$21.80/UNIT

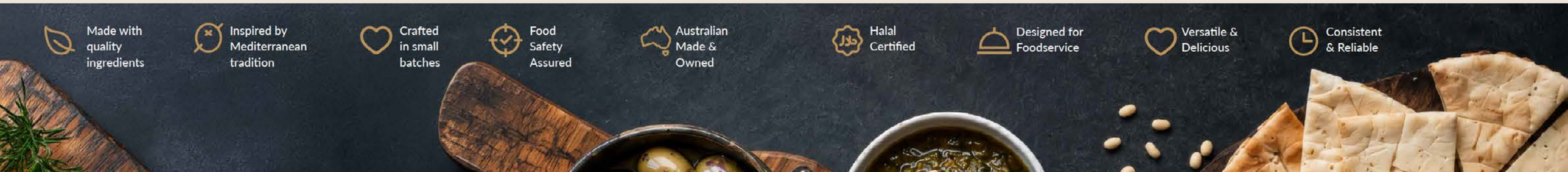
No.11607
Fresh Pumpkin
Chargrilled
2kg (4)
$21.80/UNIT

CHEESE & CONDIMENTS

No.11598
Fetta Cheese
Persian Style
2kg (4)
$32.40/UNIT

No.17600
Fresh Onion Strips
Caramelised
2kg (4)
$22.50/UNIT

Made with quality ingredients
Inspired by Mediterranean tradition
Crafted in small batches
Food Safety Assured
Australian Made & Owned
Halal Certified
Designed for Foodservice
Versatile & Delicious
Consistent & Reliable



Bertocchi
A FAMILY TRADITION SINCE 1972

A PROUD AUSTRALIAN FAMILY TRADITION

Australian owned and family operated, Bertocchi has been bringing traditionally crafted smallgoods to Australian tables for over 50 years.

No.14723
Ham
Sliced Mortadella Olive
1kg x 8
$18.00/KG Bertocchi

No.14722
Ham
Sliced Mortadella Plain
1kg x 8
$18.00/KG Bertocchi

No.12859
Flat
Pancetta Mild
1.2kg x 6
$29.50/KG Bertocchi

A FAMILY TRADITION SINCE 1954
Zammit
SMALLGOODS



Explore Our New Range of Premium Smallgoods!

Contact Your B&E Representative or Customer Service for More Details



No.11441
Bacon
Short Cut • Rindless
1kg (15)



No.11891
Bacon
Streaky
2.5kg (2)



No.14364
Middle Bacon
Rindless • 1st Grade
2 X 2.5kg



No.14560
Sliced Flat Ham
Double Smoked
1kg (15)



No.16558
Chorizo Sausage
Sliced
3kg (5)



No.17856
Danish Salami
Sliced
1kg

BLACKFOREST

PASTRAMI





No.14721
Pastrami
Sliced
1kg
$24.00/kg

No.14725
Pastrami
Whole
2.5kg X 2
$24.00/kg



No.27775
Frozen Waffles
Belgian 90g x 27
$34.70/CTN



No.10184
Frozen Pancakes
Large Buttermilk 60g x 96
$89.90/CTN

New Look. More Convenience. Same Flavour

UNIVERSAL



No.16174
Orange
Cheese Sauce
500g
$6.80/UNIT

No.12823
Burger Slices
US Hi-Melt
120s - 2.26kg (4)
$24.00/UNIT

The Original. The Best. The Burger Cheese

Pure Dairy

Bega Foodservice



No.13628
Peanut Butter
Smooth
2kg (4)
$21.60/UNIT
Bega

No.17679
Peanut Butter
Crunchy
2kg (4)
$21.60/UNIT
Bega

IT'S AS GOOD AS IT GETS, WITH BEGA PEANUT BUTTER.

everest
Making the ice cream you remember Since 1959

SCOOP SOMETHING SPECIAL



No.14670
Ice Cream Vanilla
Gold Label 5L
$15.80/UNIT



No.14716
Ice Cream Chocolate
Gold Label 10L
$25.95/UNIT



No.15677
Frozen Ice Cream Vanilla
Chef Crafted 10L
$25.45/UNIT

Dairy Farmers

Perfect for Whipping & Spreads!



No.14583
CHEESE CREAM CHEESE EX PRO
2kg x 6
$17.50/UNIT
JUST $8.75/kg

Perfect for Baking!

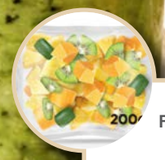


No.14133
CREAM CHEESE
2kg x 6
$19.40/UNIT
JUST $9.70/kg

superkick



No.13923
Frozen Smoothie
Power Protein
200g × 20
$65.60/CTN



No.13921
Frozen Smoothie
Evergreen
200g × 20
$65.60/CTN



No.13920
Frozen Smoothie
Bahama
200g × 20
$65.60/CTN



No.13919
Frozen Smoothie
Amazonian
200g × 20
$68.60/CTN



No.13922
Frozen Smoothie
Strawberry Kiss
200g × 20
$65.60/CTN



ASIAN STYLE CROQUETTE

Crispy on the outside, soft and flavourful inside.
Easy to prepare and perfect for appetisers, sides, snack menus and takeaway.



No.18551
FZ Potato Croquette
0.9kg × 10
$44.60/CTN
ONLY 22.3¢/PC



No.18554
FZ Sweet Potato Croquette
0.9kg × 10
$49.40/CTN
ONLY 24.7¢/PC



No.18568
FZ Pumpkin Croquette
0.9kg × 10
$48.20/CTN
ONLY 24.1¢/PC



No.19513
Tamarind Concentrate
Gluten Free
1kg
$4.99/UNIT

No.21344
Chilli Paste In Oil
Tom Yum • Gluten Free
3kg (6)
$16.90/UNIT

No.11235
Thai Chilli Paste In Oil
Original Namprik Pao
1kg (6) • Gluten Free
$8.90/UNIT

Premium Fish Sauce
JAWS
顶级鱼露



No.24135
Juice
Lime
700ml (12)
$1.70/UNIT

No.12222
Sauce
Fish Sauce
700ml (12)
$1.90/UNIT

equal



No.15969
Sugar Sachets
450s (12)
$27.90/CTN



No.15970
Sugar Pencil
Sticks 500s
$32.00/CTN

kewpie
AUSTRALIA

No.30954
Caesar Dressing
1L × 6
$9.90/UNIT

No.17526
Mayonnaise
Wasabi Flavour
1kg × 12
$11.00/UNIT

No.17525
Mayonnaise
Sriracha Flavour
1kg × 12
$10.50/UNIT

BY AROY-D
TAF

UHT COCONUT RANGE

GLOBAL MARKET LEADER
with 40 years coconut manufacture experience.

New Benchmark

99.9% COCONUT

COCONUT CREAM
Fat content
20-22%

COCONUT MILK
Fat content
17-19%





No.16722
Coconut Milk
1L (12)

No.16723
Coconut Cream
1L (12)

Item 16722
$4.50/pk

Item 16723
$3.80/pk

COMMON USES:
Rich texture for creamy dishes, curries, desserts and soups.


Thai Curry

COMMON USES:
Ideal for everyday cooking, stir-fries, soups and desserts.


Mango Sticky Rice

MOKA FOODS
SINCE 1986
TASTE OF TRADITION

No.19649
Frozen Large
Potato Scallops
100 X 85g
$50.50/CTN

12869

POTATO STARCH 25KG

$45.95/BAG





No.14609
BEEF TALLOW
10L
$28.75/CTN



No.28005
CAKE MIX MUFFIN MIX
10kg
$45.60/BAG

No.18474
CAKE MIX BUTTERMILK
10kg PANCAKE
$45.60/BAG



No.16968
SUSHI RICE PREMIUM
20kg Taiwan
$45.00/BAG

No.18940
SUSHI RICE
20kg Vietnam
$31.90/BAG

SOY SAUCE & VINEGAR



No.18094
Soy Sauce
Jin S Rich Mellow
15L
$23.90/CTN SEMPIO



No.18093
Soy Sauce
Jin S Rich Mellow
5L (3)
$11.50/UNIT SEMPIO



No.18095
Soy Sauce
Gold S Rich Delicate
5L (3)
$13.50/UNIT SEMPIO



No.18097
Soy Sauce
Gold F3 Rich & Savoury
5L (3)
$15.20/UNIT SEMPIO



No.18098
Soy Sauce
Naturally Brewed 501
5L (3)
$19.80/UNIT SEMPIO



No.18112
White Vinegar
Sempio
15L
$17.80/UNIT SEMPIO



No.18119
Brewing Vinegar
Otoki
1.8L (6)
$2.80/UNIT OTOKI



No.18557
Strong Vinegar
Cheongwoo
1.8L (6)
$5.60/UNIT CHEONGWOO



KOREAN PASTES



No.18116
Soybean Paste
Doenjang
14kg
$26.70/CTN SEMPIO



No.18324
Soybean Paste
Doenjang
14kg
$25.60/CTN CJ FOODS



No.18672
Soybean Paste
Premium Doenjang
14kg
$35.90/CTN DAESANG



No.18114
Red Pepper Paste
Gochujang
14kg
$33.70/CTN SEMPIO



No.18323
Hot Pepper Paste
Gochujang
14kg
$31.90/CTN CJ FOODS



No.18673
Red Pepper Paste
Premium Gochujang
14kg
$39.40/CTN DAESANG



SYRUP & SUGAR



No.18792
Corn Syrup
Chungjungone
5kg (4)
$9.90/UNIT DAESANG



No.18317
Corn Syrup
Baeksul
5kg (3)
$11.20/UNIT CJ FOODS



No.18315
Cooking Syrup
Baeksul
2.45kg (6)
$5.30/UNIT CJ FOODS



No.18316
Rice Syrup
Baeksul
1.2kg (9)
$5.50/UNIT CJ FOODS



No.18302
White Sugar
Baeksul
3kg (6)
$6.10/UNIT CJ FOODS



CHILLI, SALT & MSG



No.18117
Red Pepper Powder
Fine Gochugaru
For Seasoning - 1kg (10)
$7.99/UNIT SEMPIO



No.18118
Red Pepper Powder
Coarse Gochugaru
1kg (10)
$7.69/UNIT SEMPIO



No.18101
Fine Salt
Flower Salt
1kg (15)
$1.90/UNIT SEMPIO



No.18104
Natural Sea Salt
For Kimchi
1.5kg (10)
$5.00/UNIT SEMPIO



No.18679
MSG Seasoning
Miwon
1kg (20)
$7.00/UNIT DAESANG



No.18690
Table Salt
Seasoning
1kg (10)
$2.40/UNIT DAESANG



SAUCES & POWDERS



No.18130
Pickling Sauce
For Onion
2.1kg (6)
$6.30/UNIT OTOKI



No.18131
Worcestershire
Sauce
2.1kg (6)
$6.00/UNIT OTOKI



No.18140
Curry Powder
Mild
1kg (10)
$6.50/UNIT OTOKI



No.18133
Mustard Powder
Otoki
300g (12)
$3.00/UNIT OTOKI



No.18141
Curry Powder
Medium
1kg (10)
$6.50/UNIT OTOKI



No.18145
Jjajang Mix
Powder
1kg (10)
$7.70/UNIT OTOKI



NOODLES & VERMICELLI



No.18134
Thin Noodles
Korean Somyeon
3kg (4)
$9.00/UNIT OTOKI



No.18106
Thin Noodles
Korean Somyeon
2.5kg (4)
$34.00/CTN SEMPIO



No.18108
Buckwheat Noodles
Soba
1.3kg (12)
$62.00/CTN SEMPIO



No.18674
Glass Noodles
Wide
13kg
$65.00/CTN DAESANG



No.18327
Glass Noodles
Thin
14kg
$41.00/CTN CJ FOODS



SIDE DISHES & PICKLES



No.18797
Pickled Radish
Strip - 20cm
1kg (6)
$12.80/CTN TOBAGI



No.18798
Pickled Radish
Whole
1kg (6)
$13.30/CTN TOBAGI



No.18540
Perilla Leaves
Seasoned - Frozen
4kg X 4
$59.00/CTN



No.18544
Fermented Krill
Frozen
10kg
$55.00/CTN TOBAGI



No.18545
Fermented Squid
Sliced - Frozen
10kg
$88.00/CTN



No.18550
Seaweed Stem
Salted - Frozen
10kg
$23.50/CTN



COLD NOODLES



No.18569
Cold Noodle
Powder
18kg
$77.40/BAG HAMJEON



No.18579
Dextrose
For Cold Noodle
Monohydrate - 20kg
$45.60/BAG DAESANG



No.16791
Beef Extract
Liquid Radish Flavour
310g X 30
$19.50/CTN HAEIN



No.16800
Beef Extract
Liquid Beef Flavour
310g X 30
$19.50/CTN HAEIN



No.18683
Frozen Noodles
Pyoungyang Style
2kg (6)
$41.10/CTN SONGHAK



No.18684
Frozen Noodles
Arrowroot
2kg (6)
$43.50/CTN SONGHAK



EJ ECO
"simply eco"



No.17662
Paper Carry Bag
Medium Twisted Handle
250pcs - 305 X 305 X 175
$36.80/CTN

NEW



No.17710
White Carry Bag
Medium Twisted Handle
250pcs - 305 X 305 X 175
$48.60/CTN



No.12718
Vinyl Gloves
Powder Free - Small
Clear - 100s (10)
$3.70/PK

No.12716
Vinyl Gloves
Powder Free - Large
Clear - 100s (10)
$3.70/PK

No.12717
Vinyl Gloves
Powder Free - Medium
Clear - 100s (10)
$3.70/PK

B&E FOODS / NSW

EJ ECO
"simply eco"

No.15181
Heavy Duty Wipes
Brown - 90 Sheets
30 X 50cm - 4 Rolls/CTN
$7.40/CTN

No.16255
Heavy Duty Wipes
Red - 90 Sheets
30 X 50cm - 4 Rolls/CTN
$7.40/CTN

No.16256
Heavy Duty Wipes
Green - 90 Sheets
30 X 50cm - 4 Rolls/CTN
$7.40/CTN

No.71323
Heavy Duty Wipes
Blue - 90 Sheets
30 X 50cm - 4 Rolls/CTN
$7.40/CTN



No.12346
Cling Wrap
With Cutter Heavy Duty
45cm X 600m (6)
$18.45/ROLL

No.17115
Cling Wrap
With Cutter Heavy Duty
33cm X 600m (6)
$14.85/ROLL

No.13432
Foil Roll
Premium Heavy Duty
44cm (6)
$33.20/ROLL

No.19621
Foil Roll
All Purpose
44cm X 150m (6)
$25.10/ROLL

No.19622
Foil Roll
All Purpose
30cm X 150m (6)
$18.60/ROLL

B&E FOODS

01/11/2026 to 30/11/2026

B&E FOODS /NSW

MONTHLY MENU

Where Quality Counts!



No.11770
Red Date & Goji Berry Water
500ml X 15
$16.50/CTN



No.11779
Red Bean & Coix Water
500ml X 15
$16.50/CTN



No.11713
Sparkling Water
Lychee Fizzy
Zero Sugar • 480ml X 15
$16.50/CTN

No.11714
Sparkling Water
White Peach
Zero Sugar • 480ml X 15
$16.50/CTN

No.11715
Sparkling Water
Grape Delight
Zero Sugar • 480ml X 15
$16.50/CTN



No.18533
Sparkling Water
Lychee
Zero Sugar • 330ml X 24
$22.90/CTN

No.18532
Sparkling Water
Peach
Zero Sugar • 330ml X 24
$22.90/CTN

No.18534
Sparkling Water
Grape
Zero Sugar • 330ml X 24
$22.90/CTN

No.18842
Sparkling Water
Mango
Zero Sugar • 330ml X 24
$22.90/CTN

No.18843
Sparkling Water
Pineapple
Zero Sugar • 330ml X 24
$22.90/CTN

GENKI FOREST SPARKLING

Sugar Free | Caffeine Free | Bold Fruit Taste