



01/05/2025 to 31/05/2025

B&E FOODS / NSW

MONTHLY MENU

Where Quality Counts!



\$34.⁰⁰
BAG

MEDIUM GRAIN RICE

No.26413 RICE - CALROSE MEDIUM GRAIN 20KG LOTUS

HOW TO MAKE

FEATURED INGREDIENTS

Prepare Ingredients (10 servings)

Fz Cooked Pulled Beef	1200g
Fz Flour Tortillas 5"	30pcs
Mexican Chunky Salsa	300g
Fz Avocado Chunky	300g
Sour Cream Light	300g
Cheese Mexi Shred Blend	300g
Smokey Chipotle	150g
Mayonnaise	

Step 1: Heat the Beef

Fully thaw and reheat the frozen pulled beef until hot throughout. Use a pan, oven, or steamer (target temp $\geq 75^{\circ}\text{C}$).

Step 2: Prepare the Toppings

- Portion the avocado, salsa, sour cream, and shredded cheese.
- Load the chipotle mayo into a squeeze bottle for easy application.

Step 3: Warm the Tortillas

Toast the 5" tortillas briefly on a flat grill or pan for 10–15 seconds until soft and pliable.

Step 4: Assemble the Tacos

- Add approx. 40g of pulled beef per tortilla
- Top with 1 spoon of salsa, chunks of avocado, a dollop of sour cream, and shredded cheese
- Finish with a squeeze of smoky chipotle mayo



No. 15908
Fz F/Cooked Pulled Beef
4 X 2kg Rte Melco

\$20.50/KG



No. 15971
Fresh Cream
Sour Cream Light 5lt

\$37.00/UNIT



No. 13961
Fz Avocado Chunky
Avocado 454g X 16 Wholly

\$128.00/CTN



No. 16242
Mexican Chunky Salsa
Sauce 1.95kg (6) Knorr

\$19.10/UNIT



No. 18746
Cheese - Mexi Shred
Blend 2kg (6) Tuscany

\$34.00/UNIT



No. 27336
Mayonnaise Smokey
Chipotle 1 Litre(8)
Birch & Waite

\$16.70/UNIT



No. 30742
Fz Flour Tortillas
5" 24x12 Mission

\$60.50/CTN

Smoky chipotle Pulled Beef **tacos**



Big flavour in a small taco – bold, juicy, unforgettable. Slow-cooked Mel-co pulled beef, loaded onto warm Mission flour tortillas and topped with Wholly avocado chunks, zesty Knorr salsa, creamy sour cream, and a bold hit of Birch & Waite's smoky chipotle mayo. Finished with a generous sprinkle of Tuscany's shredded Mexi cheese blend.

All key ingredients are available at **B&E Foods** your trusted one-stop partner to boost your business with taste, efficiency, and profit.

approx.
\$2.00
of finished
dish

Cost per TACO
when purchased
from B&E Foods

Crispy Corn & Chicken Snack Box



approx.
\$6^{.04}
of finished
dish

**Cost per DISH
when purchased
from B&E Foods**

FEATURED INGREDIENTS



No. 17793
Fz F/Cooked Chicken
Wing Tip Off 2kg (3) Melco

\$11.83/KG



No. 19507
Fz Vegetables - Corn
Ribs 1.5kg X 6 Edgell

\$79.95/CTN



No. 17644
Cheese - Parmesan
Shredded 1kg (8) Dirossi

\$19.30/UNIT

EXTRA HEAVY DUTY GARBAGE BAG



RECYCLABLE

Introducing our extra heavy-duty bin liners, available in three sizes, each featuring a star-seal bottom for exceptional durability. Designed for easy peeling and effortless use.



EJ ECO
"simply eco"



\$35.00*
CTN

No. 14749
82L 810X950MM
250PCS/CTN



\$45.00*
CTN

No. 12588
120L 950X1100MM
250PCS/CTN



\$30.00*
CTN

No. 17353
240L 1120X1420MM
100PCS/CTN

FOIL ROLL



No. 13432
FOIL ROLL - PREMIUM HEAVY
DUTY 44CM X 150M (6)

\$23.65*
UNIT



No. 19621
FOIL ROLL - ALL PURPOSE
44CM X 150M (6)

\$19.05*
UNIT



No. 19622
FOIL ROLL - ALL PURPOSE
30CM X 150M (6)

\$13.75*
UNIT

* GST NOT INCLUDED



A Taste Like no Other

Haday's true and rich formula.

**\$4^{.50}
UNIT**



No. 18974
OYSTER SAUCE - HANDY
BOTTLE 2.27KG (4) HAITIAN

**\$10^{.00}
UNIT**



No. 18975
SAUCE - OYSTER SAUCE VALUE
DRUM 6KG (2) HADAY

Premium Meat



\$11^{.50}
KG

No. 11043
FZ LAMB - HIND SHANK TIPPED
LAYER PACK 20KG R/W



\$15^{.50}
KG

No. 16787
LAMB - LEG ROLLED & NET-
TED B/L 3KG (5) R/W



\$17^{.50}
KG

No. 18289
LAMB - RUMP CAP ON
4PCS/VAC R/W 18KG/CTN



\$8^{.90}
KG

No. 17670
FRESH PORK - LEG ROAST
MOI/IN B & R TIED 5KG (3) R/W



\$11^{.90}
KG

No. 17752
FRESH PORK - NECK
16KG VAC R/W BE PRIME



\$8^{.90}
KG

No. 16637
FRESH PORK - TOPSIDE
DENUDED I/W 3KG (6) R/W BE
PRIME

Premium Meat



\$13^{.50}
KG

No. 10863
BEEF - TRI TIP YG 3KG (6) R/W



\$14^{.60}
KG

No. 10856
BEEF - TOPSIDE (INSIDE) A
DENUDED 4KG (5) R/W



\$11^{.90}
KG

No. 10876
BEEF - BRISKET YG POINT
END I/W VAC 5KG (4) R/W
GRAIN FED



\$10^{.90}
KG

No. 26345
BEEF - NAVEL END BRISKET YG
5KG (3) R/W



\$11^{.50}
KG

No. 18696
BEEF - YP SHANK HQ IW/VAC
18KG (OSSO BUCCO) NCMC



No. 27511
BARRAMUNDI FILLETS MA-
LAY200/300G (FARMED) 5KG

\$76.00/CTN



PREMIUM SEALORD

No. 17777
FZ HOKI FILLET SKIN ON 8-12
OZ 6.8KG (3)

\$69.50/PK



No. 11020
FZ OCTOPUS BABY IQF 16/25
1KG (10)

\$10.80/KG



No. 15081
FZ CRAB - BLUE SWIMMER
CRAB MEAT RAW 500GX10

\$125.00/CTN



No. 13272
FZ SQUID - NATURAL RINGS
4-9CM 5 X 1KG

\$49.50/CTN



SOLD BY CARTON

No. 17470
FZ WHOLE PRAWN - COOKED
BLACK TIGER PRAWN
16/20 5KG X 2
POLYSTRAP MALAYSIA
\$14.00/KG



No. 15104
FZ GREEN PRAWN MEAT VAN-
NAMEI 21/25 1KG (10)

\$19.95/KG

大红袍

DA HONG PAO



**Spicy Hot Pot
Soup Base**
400g



No. 28238
HOT POT SOUP BASE - SPICY
400G (30) DA HONG PAO

\$3.30/UNIT

好人家
Hao Ren Jia



**Spicy Hot Pot
Soup Base**
500g



No. 28239
HOT POT SOUP BASE - SPICY
500G (20) HAO REN JIA

\$5.90/UNIT

好人家
Hao Ren Jia



**Spicy Hot Pot
Soup Base**
360g



No. 28240
HOT POT SOUP BASE - SPICY
90G X 4PCS (20) HAO REN JIA

\$4.30/UNIT

好人家
Hao Ren Jia



**Seasoning for
Spicy Fish with
210g**



No. 28241
SEASONING SET - GREEN
PEPPER SPICY FISH 210G
(40) HAO REN JIA

\$2.00/UNIT

好人家
Hao Ren Jia



**Seasoning for
Boiled Fish**
198g



No. 28242
SEASONING SET - SPICY
BOILD FISH 210G (40) HAO
REN JIA

\$2.00/UNIT

好人家
Hao Ren Jia



**Seasoning for BO-
BO-chicken (Chili
Oil Flavour)**
160g



No. 28245
SEASONING SET - BOBO
CHICKEN 160G (BOBOJI) (40)
HAO REN JIA

\$2.00/UNIT



\$17.⁰⁰
UNIT

No. 12389
SEASONING OIL - SICHUAN PEPPER OIL
(HUAJIAOYOU) 1.8L (6) DAN DAN



\$17.⁰⁰
UNIT

No. 12393
SEASONING OIL - GREEN PEPPERCORN
(TENGJIAOYOU) 1.8L (6) DAN DAN



\$3.⁹⁰
UNIT

No. 16832
SAUCE - PI XIAN CHILLI BEAN SAUCE (DOU-
BANJIANG) 1.3KG DAN DAN



JASMINE RICE

No.18933 JASMINE RICE VIETNAM 20KG LOTUS

FARM FRITES®



**No.15555
FZ CHIPS - CRISPY
COATED 10MM 10KG
FARM FRITES**

\$37.50/CTN



**No.16560
FZ CHIPS - CRISPY
COATED STEAK-
HOUSE 10KG FARM
FRITES**

\$40.00/CTN



**No.14177
FZ CHIPS - 10mm
S/CUT FINEST FRIES
12KG FARM FRITES**

\$36.50/CTN



**No.28411
FZ MASH POTATO -
PLAIN 4x2.5KG
FARM FRITES**

\$40.00/CTN



**No.18594
FZ CHIPS - CRINKLE
CUT 12.5KG
FARM FRITES**

\$37.50/CTN



**No.13010
FZ BEER BATTERED
ONION RINGS 6 X 1KG
FARM FRITES**

\$60.00/CTN



BEEF TALLOW

No.13946 OIL - BEEF TALLOW BLOCK 12.5KG RED BAND



No. 12440
VEGETABLE STOCK 1KG (10)
VEGETA

\$10.90/UNIT



No. 12387
SEASONING - CHICKEN SALT
8KG FRUTEX

\$49.99/UNIT



No. 17155
PORK ROLL 500G VIET
HUONG

\$11.00/PK



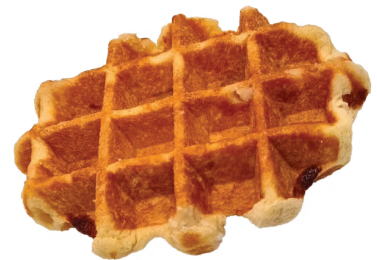
No. 18413
HONEY - AUSTRALIAN 1KG (8)
FOODOLOGY

\$8.20/EACH



No. 12354
SPREAD - PISTACHIO SPREAD
6KG BAKELS

\$96.00/DRUM



No. 27775
FZ WAFFLE - BELGIUM WAF-
FLES 90G X 27 FLIP

\$33.50/CTN



No. 28085
SPREAD - HAZELNUT SPREAD
5KG TUTTOFORNO

\$48.50/BKT



No. 10184
FZ PANCAKES - LARGE BUT-
TERMILK 60g X 96 FLIP

\$81.60/CTN



No. 16177
DRESSING - GREEN GODDESS
1L(8) BIRCH & WAITE

\$13.35/UNIT



No. 27337
MAYONNAISE ITALIAN TRUFFLE SQZ 1 LT(8) BIRCH & WAITE

\$15.05/UNIT



No. 14567
RELISH - TOMATO 2.4KG (3)
BIRCH & WAITE

\$26.15/UNIT



No. 16557
SAUCE - AIOLI GARLIC MAYONNAISE PLANT BASED 1L(8) BIRCH & WAITE

\$13.65/UNIT



No. 28318
SAUCE - PREMIUM BURGER
1LTR (8) BIRCH & WAITE

\$15.05/UNIT



No. 27336
MAYONNAISE SMOKEY CHIPOTLE SQZ 1 LITRE(8) BIRCH & WAITE

\$14.20/UNIT



No. 18585
MAYONNAISE - WHOLE EGG
10KG BIRCH & WAITE

\$84.40/UNIT

Greaseproof Paper



\$7⁵⁰
PKT

No. 16251
GREASEPROOF PAPER - NEWSPRINT
200*300MM 200'S



\$7¹⁰
PKT

No. 71594
GREASEPROOF PAPER
GINGHAM RED 200'S



\$7¹⁰
PKT

No. 28878
GREASEPROOF PAPER -
GINGHAM BLUE 200'S

Dinner Napkins



\$23⁰⁰
CTN

No. 19954
NAPKINS - DINNER WHITE QUILTED
GT FOLD 1000'S EJ ECO



\$25⁰⁰
CTN

No. 27719
NAPKINS - DINNER BROWN
QUILTED GT FOLD 1000'S EJ ECO

SOS Paper Bag



No. 27799
SOS BAG - BROWN #8 MEDIUM
50GSM 157X100X310 1000'S

\$64.00/CTN

No. 31080
SOS BAG - BROWN #12 MEDIUM+
50GSM 178X112X330MM 1000'S

\$69.00/CTN

No. 31079
SOS BAG - BROWN #16 LARGE
70GSM 240X120X390MM 250'S

\$38.00/CTN

Chip Box



\$40⁶⁵
CTN

No. 26156
CHIP BOX - SOFT CARDBOARD
SMALL 75X75X100 500'S



\$23¹⁵
CTN

No. 26157
CHIP BOX - SOFT CARDBOARD LARGE
BROWN 94*47*150 250'S

* GST NOT INCLUDED

Open Tray Hard Corrugated



\$62^{.35}
CTN



No. 11262
OPEN TRAY - BABY BROWN
HARD CORRUGATED
105X74X43 900'S

\$32^{.70}
CTN



No. 18244
OPEN TRAY - #1 BROWN
HARD CORRUGATED
130X91X50 500'S

\$28^{.25}
CTN



No. 13610
OPEN TRAY - #2 BROWN
HARD CORRUGATED
178X178X45 250'S

\$24^{.30}
CTN



No. 18242
OPEN TRAY - #3 BROWN
HARD CORRUGATED 250'S

\$30^{.05}
CTN



No. 18243
OPEN TRAY - #4 BROWN HARD
CORRUGATED 250'S

Open Tray Soft Cardboard



\$25^{.85}
CTN



No. 26144
TRAY - SOFT CARDBOARD
EXTRA SMALL
90X56X35 1000'S

\$31^{.25}
CTN



No. 26146
TRAY - SOFT
CARDBOARD SMALL
110X75X40 900'S

\$24^{.95}
CTN



No. 26147
TRAY - SOFT
CARDBOARD MEDIUM
140X85X55 500'S)

\$26^{.25}
CTN



No. 26148
TRAY - SOFT CARDBOARD
LARGE 170X95X55 400'S

\$19^{.90}
CTN



No. 15030
TRAY - SOFT CARDBOARD
EXTRA LARGE 180X110X80
200'S

\$15^{.35}
CTN



No. 26150
CARDBOARD TRAY - HOT
DOG BROWN 190*70*50
250'S

Hand Towel Roll



\$31^{.00}
CTN



No. 14336
HAND TOWEL ROLL
WHITE 80M X 16 ROLLS

* GST NOT INCLUDED



HAND TOWEL ROLL

No.15029 PREMIUM SASHIMI HAND TOWEL ROLL
1PLY 100M x 12ROLLS/CTN

Corn Ribs

The next big thing on your menu!



Edgell® Corn Ribs | 6 x 1.5kg
Simplot Product Code 13357

\$79.⁹⁵
CTN



- ✓ Made with 100% Australian grown super sweet corn
- ✓ Eliminate hazards for your staff when preparing. Corn ribs are already cut and ready to use
- ✓ Saves time and labour to prepare
- ✓ 100% yield
- ✓ Cook straight from frozen
- ✓ Consistent year-round quality
- ✓ Not subject to fresh market price fluctuations
- ✓ Adapt across numerous cuisines and pair with unlimited flavour profiles