

# MONTHLY MENU

*Where Quality Counts!*

Naturally Rich  
Authentically Thai



**\$2<sup>.60</sup>**  
UNIT

# COCONUT CREAM

No.12148 COCONUT CREAM 560ML (24) TAF By Aroy.D



# HOW TO MAKE

# FEATURED INGREDIENTS

## Prepare Ingredients (1 servings)

|                            |        |
|----------------------------|--------|
| Cooked Chicken Breast      | 100g   |
| Fresh Egg Noodles          | 100g   |
| Knorr Chicken Booster GF   | 12.50g |
| Boiling Water              | 500ml  |
| Ground Black Pepper        | 0.2g   |
| Sea Salt                   | 0.4g   |
| Optional: Mixed vegetables | 40g    |

### Step 1: Prepare the Stock Base

- Dissolve 12.50 g Knorr Chicken Booster into 500 mL of boiling water, stir until fully dissolved.

### Step 2: Cook the Noodles

- Bring the chicken stock to a gentle boil.
- Add 100 g fresh egg noodles, cook for 3–4 minutes until soft.

### Step 3: Add Chicken and Vegetables

- Add 100 g cooked shredded chicken to the pot.
- Optional: Add 40 g cooked vegetables
- Simmer together for 2–3 minutes until fully heated.

### Step 4: Season and Serve

- Add a pinch of salt and black pepper, stir gently.
- Serve hot in a bowl or food-safe takeaway container.



No. 28550  
Fz F/Cooked Chicken  
Breast Pulled  
1kg(5) Rte Melco  
-----  
**\$17.00/KG**



No. 19581  
Pepper Black Ground  
Ss 1kg (10) Windsor  
Farm  
-----  
**\$18.50/PK**



No. 17135  
Egg Fresh Noodle  
1kg(20) Mcyee  
-----  
**\$6.25/PKT**



No. 30562  
Chicken Booster Gf  
2.4kg (6) Knorr  
-----  
**\$32.80/UNIT**



No. 28010  
Pure Cooking Sea Salt  
10kg  
-----  
**\$10.20/BAG**

# Homestyle Chicken Noodle Soup



Warm, hearty, and comforting — our Chicken Noodle Soup is made with Melco tender pulled chicken breast, fresh egg noodles, and a rich, golden broth crafted from premium Knorr Chicken Booster. Seasoned with sea salt and cracked black pepper, and optionally enriched with garden vegetables, every spoonful delivers classic homemade flavour with the convenience of ready-to-eat preparation.

All key ingredients are available at **B&E Foods** your trusted one-stop partner to boost your business with taste, efficiency, and profit.

approx.  
**\$2.<sup>90</sup>**  
of finished  
dish

**Cost per SERVE**  
when purchased  
from B&E Foods





**\$26<sup>.95</sup>**  
**KG**

**No.11888**  
**FZ DUCK BREAST ROASTED**  
**2KG(4) R/W LUV A DUCK**



**\$26<sup>.95</sup>**  
**KG**

**No.17411**  
**FZ DUCK BREAST PEKING**  
**BULK 2KG(4) R/W**  
**LUV-A-DUCK**



# NAPKIN & WASHROOM



RECYCLABLE



COMPOSTABLE



PREMIUM  
QUALITY



LOGO  
PRINTING

We offer a wide range of napkins and washroom napkins, available in multiple sizes and offered in both white and kraft options for select sizes. Our products are crafted with a commitment to quality and affordability.



**EJ ECO**  
"simply eco"

## Dinner Napkins



**\$23<sup>.00\*</sup>**  
CTN

**No. 19954**  
WHITE QUILTED  
2PLY GT FOLD 1000'S



**\$25<sup>.00\*</sup>**  
CTN

**No. 27719**  
BROWN QUILTED  
2PLY GT FOLD 1000'S

## Cocktail Napkins



**\$18<sup>.50\*</sup>**  
CTN

**No. 27727**  
WHITE 2PLY  
1/4 FOLD 2000'S



**\$19<sup>.00\*</sup>**  
CTN

**No. 27718**  
BROWN 2PLY  
1/4 FOLD 2000'S

## Lunch Napkins



**\$23<sup>.00\*</sup>**  
CTN

**No. 27725**  
WHITE 1PLY 1/4 FOLD  
3000'S ECONOMY



**\$23<sup>.00\*</sup>**  
CTN

**No. 27717**  
BROWN 1 PLY 1/4 FOLD  
3000'S ECONOMY

\* GST NOT INCLUDED



# Premium Meat



**\$13.<sup>20</sup>**  
**KG**

**No. 12055**  
**FZ PORK CHITTERLING 10KG (MELB)**



**\$17.<sup>40</sup>**  
**KG**

**No. 10906**  
**FZ PORK - BELLY R/ON B/LESS**  
**20KG VAC R/W**



**\$10.<sup>30</sup>**  
**KG**

**No. 10921**  
**FZ PORK TENDERLOIN**  
**500g-800g 15KG R/W**



**\$11.<sup>20</sup>**  
**KG**

**No. 10902**  
**FZ PORK NECK COLLAR BUTT**  
**2KG PK 16KG CTN R/W**



**\$8.<sup>40</sup>**  
**KG**

**No. 13206**  
**FZ PORK RIBLET MEATY**  
**20KG R/W**



**\$12.<sup>90</sup>**  
**KG**

**No. 10912**  
**FZ PORK RIBS HALF (USA)**  
**20KG R/W**



# *Premium Meat*



**\$12<sup>.50</sup>**  
**KG**

**No. 11043**  
**FZ LAMB SHANK 20KG R/W**



**\$13<sup>.80</sup>**  
**KG**

**No. 19199**  
**FZ BEEF CHEEK MEAT IQF 8KG (3) R/W**



**\$15<sup>.90</sup>**  
**KG**

**No. 10879**  
**BEEF FLANK STEAK (SKIRT) YG 18KG R/W**





No. 13653  
FZ SALMON FILLET S/ON D  
TRIM 12KG/CTN NORWAY IVP

**\$27.50/KG**



No. 17613  
FZ SQUID STRIPS 1KG (10)

**\$10.00/PKT**



No. 15187  
FZ BLACK TIGER PRAWN CKD  
16/20 2X5KG THAI

**\$19.50/KG**



No. 18320  
FZ SCALLOPS - ROE OFF IQF  
10/20 1KG (10) GBS1

**\$39.90/KG**



No. 15345  
FZ SILVERFISH 8-10CM  
700GM (10) CHINA

**\$15.30/PKT**



No. 15079  
BREADED SQUID RINGS &  
TENTACLES SALT & PEPPER  
1KGX5

**\$75.00/CTN**





No. 11891  
BACON - STREAKY BACON  
2.5KG X 2 TIBALDI

**\$12.99/KG**



No. 13466  
BACON - CAFE BACON (HALF  
TAIL) 1KG (12) TIBALDI

**\$9.99/KG**



No. 13898  
HAM - SMOKEY VIRGINIAN  
SLICE 1KG (4) TIBALDI

**\$12.99/KG**



No. 70675  
BACON - RINDLESS MIDDLE  
2.5KG(2) # 35350 TIBALDI

**\$10.99/KG**





No. 10798  
SALAMI - PEPPERONI SLICED  
40MM MA 1KG(4) KRC  
#91881 DON1

**\$18.99/KG**



No. 14315  
HAM - BONELESS LEG FULL  
MELOSI 5.75KG (2) R/W DON  
#35511 DON1

**\$10.99/KG**



No. 18731  
FRANKFURTS AMERICAN  
SKINLESS (OL' SMOKEY) 8"  
2.5KG(4) KRC #88652 DON1

**\$6.10/KG**



No. 18739  
HAM - SHAVED PREMIUM LEG  
GF 1KG(4) KRC #91421 DON1

**\$12.99/KG**



# TASTE THE GOOD LIFE

天味食品  
TEWAY FOOD

大红袍  
DA HONG PAO



Experience Authentic Spicy Sichuan Flavors - Effortlessly!

三步成菜，正宗川味，如此简单！

**大红袍**  
DA HONG PAO



**Spicy Hot Pot Soup Base**  
400g

No. 28238  
HOT POT SOUP BASE - SPICY  
400G (30) DA HONG PAO

**\$3.30/UNIT**

**好人家**  
Hao Ren Jia



**Spicy Hot Pot Soup Base**  
500g

No. 28239  
HOT POT SOUP BASE - SPICY  
500G (20) HAO REN JIA

**\$5.90/UNIT**

**好人家**  
Hao Ren Jia



**Spicy Hot Pot Soup Base**  
360g

No. 28240  
HOT POT SOUP BASE - SPICY  
90G X 4PCS (20) HAO REN JIA

**\$4.30/UNIT**

**好人家**  
Hao Ren Jia



**Hot & Spicy Pot Seasoning**  
220g

No. 27249  
SICHUAN SEASONING - MALA  
STIR FRY SPICY PASTE 220G  
(30) HAO REN JIA

**\$3.20/UNIT**

**好人家**  
Hao Ren Jia



**Seasoning for Spicy Fish with**  
210g

No. 28241  
SEASONING SET - GREEN  
PEPPER SPICY FISH 210G  
(40) HAO REN JIA

**\$2.00/UNIT**

**好人家**  
Hao Ren Jia



**Seasoning for Boiled Fish**  
198g

No. 28242  
SEASONING SET - SPICY  
BOILED FISH 210G (40) HAO  
REN JIA

**\$2.00/UNIT**

**好人家**  
Hao Ren Jia



**Seasoning for BO-BO-chicken (Chili Oil Flavour)**  
160g

No. 28245  
SEASONING SET - BOBO  
CHICKEN 160G ( BOBOJI ) (40)  
HAO REN JIA

**\$2.00/UNIT**



# VARIETY OF SPICES

Everyday Low Price!



No. 15905  
CHILLI - LARGE WHOLE DRIED  
MILD HOT CHINA 1KG CSI

**\$11.00/UNIT**



No. 15808  
CHILLI - SMALL WHOLE DRIED  
EXTRA HOT INDIA 1KG

**\$11.00/UNIT**



No. 12170  
CHILLI - RING / CUT DRIED  
HOT 1KG CSI

**\$10.00/UNIT**



No. 28087  
CHILLI - FLAKE / CRUSHED  
1KG CSI

**\$10.50/UNIT**



No. 12178  
CHILLI - POWDER / GROUND  
1KG CSI

**\$9.00/UNIT**



No. 13391  
SPICE - RED SICHUANG PEP-  
PER RED 500G CSI

**\$14.00/UNIT**



No. 13392  
SPICE - GREEN SICHUAN PEP-  
PERCORN 500G CSI

**\$15.00/UNIT**



No. 18456  
SPICE - CRUSHED RED SICH-  
UANG PEPPER 1KG CSI

**\$30.60/UNIT**





No. 12318  
DRIED SHITAKE MUSHROOMS  
1KG CSI

**\$20.00/UNIT**



No. 12381  
BLACK FUNGUS WHOLE  
LARGE 1KG CSI

**\$13.00/UNIT**



No. 17034  
BLACK FUNGUS STRIPS 1KG  
CSI

**\$15.00/UNIT**



No. 18371  
SPICE - STAR ANISE WHOLE  
1KG CSI

**\$21.00/UNIT**



No. 12175  
CINNAMON STICKS 1KG CSI

**\$14.00/UNIT**



No. 18430  
DRY HERBS - BAY LEAVES  
200G

**\$4.00/UNIT**



No. 13454  
DRY MUSHROOM SLICE  
1KG(12) CSI

**\$21.00/UNIT**



No. 31018  
SPICE - CHINESE FIVE SPICE  
1KG (12) CSI

**\$11.00/UNIT**



No. 17400  
PEPPER - WHOLE BLACK 1KG  
CSI

**\$17.50/UNIT**



No. 19588  
PEPPER BLACK CRACKED SS  
1KG CSI

**\$17.50/UNIT**



No. 21356  
WHITE FUNGUS 400G CSI

**\$10.00/UNIT**



# HALF PRICE



No. 11060  
PASTE - RED CURRY 1KG IN  
TUB (12) MAE SUPEN

**\$4.00/UNIT**



No. 11061  
PASTE - GREEN CURRY 1KG  
IN TUB (12) MAE SUPEN

**\$4.00/UNIT**



No. 11063  
PASTE - MASSAMAN CURRY  
1KG IN TUB (12) MAE SUPEN

**\$4.00/UNIT**



No. 11064  
PASTE - PANANG CURRY 1KG  
IN TUB (12) MAE SUPEN

**\$4.00/UNIT**



No. 16702  
SYRUP - VANILLA SYRUP  
1L(6) ARKADIA

**\$11.89/UNIT**



No. 16703  
SYRUP - CARAMEL SYRUP  
1L(6) ARKADIA

**\$11.89/UNIT**



No. 16704  
SYRUP - HAZELNUT SYRUP  
1L(6) ARKADIA

**\$11.89/UNIT**



No. 16706  
SYRUP - PEACH SYRUP 1L(6)  
ARKADIA

**\$11.89/UNIT**



No. 16708  
SYRUP - STRAWBERRY SYR-  
UP 1L(6) ARKADIA

**\$11.89/UNIT**



No. 16711  
SYRUP - LYCHEE SYRUP 1L(6)  
ARKADIA

**\$11.89/UNIT**





No. 16209  
SUGAR RAW 15KG CSR

**\$27.50/BAG**



No. 12423  
SUGAR - WHITE GRADED  
25KG CSR

**\$39.90/BAG**



No. 18573  
SUGAR - CASTER 25KG CSR

**\$39.90/BAG**



No. 26510  
SUGAR - BROWN 25KG CSR

**\$53.25/BAG**



No. 18286  
OIL - OLIVE EXTRA VIRGIN  
4LTR (4) PALERMO

**\$44.00/TIN**



No. 15355  
OIL - SPANISH POMACE OLIVE  
4LTR (3) BON CHEF

**\$33.00/TIN**



No. 13946  
OIL - BEEF TALLOW BLOCK  
12.5KG RED BAND

**\$37.00/CTN**





**No.13646**  
**OLIVES - GREEK KA-**  
**LAMATA PITTED**  
**10KG DRUM KI**

**\$65.00/DRUM**



**No.70633**  
**KALAMATA OLIVES**  
**HALVES IN BRINE**  
**10KG TUB KI**

**\$65.00/DRUM**



**No. 13947**  
**FZ CHEESE - MOZZARELLA**  
**BLOCK LOW MOISTURE WHOLE**  
**MILK 19KG R/W AGROPUR**

**\$9.45/KG**



**No. 16148**  
**CHEESE - CAMEMBERT**  
**1KG(2) R/W FRED WALKER**

**\$19.99/KG**



**No. 17300**  
**CHEESE - GRANA WEDGE**  
**4.5KG RW**

**\$25.99/KG**



**No. 13868**  
**FZ CHEESE - BUFFALO BUR-**  
**RATA 200G X 10 VISCO**

**\$70.00/CTN**



**No. 14082**  
**PICKLES - PICKLED CUCUMBER**  
**8KG PAIL JARJOURA**

**\$30.50/DRUM**



**No. 14208**  
**CHILLED - PICKLED TURNIPS**  
**SLICED 8KG JARJOURA**

**\$30.00/DRUM**



**No. 14209**  
**POMEGRANATE MOLLASSES**  
**2.5KG (4) JARJOURA**

**\$22.00/UNIT**



**No. 18483**  
**PASTE - TAHINI SESAME**  
**PASTE 2KG (6) JARJOURA**

**\$24.00/UNIT**



# BUY PEPPER OIL GET CHILLI BEAN SAUCE FOR FREE



No. 12389  
SEASONING OIL  
RED SICHUAN PEPPER OIL  
( HUAJIAOYOU )  
1.8L (6) DAN DAN



No. 16832  
SAUCE - PI XIAN CHILLI BEAN  
SAUCE ( DOUBANJIANG )  
1.3KG DAN DAN



No. 12393  
SEASONING OIL  
GREEN SICHUAN PEPPER  
( TENGJIAOYOU )  
1.8L (6) DAN DAN





No. 14091  
FZ PASTRY - PUFF PASTRY  
BULK 6 X 1.6KG PAMPAS

**\$43.50/CTN**



No. 18293  
FZ PUFF PASTRY ROLLED  
TRADITIONAL 10KG PAMPAS

**\$51.00/CTN**



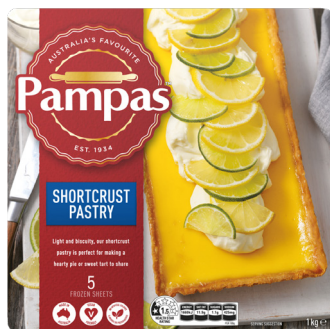
No. 12254  
FZ PUFF PASTRY SHEETS 1KG  
(12) PAMPAS

**\$83.60/CTN**



No. 28176  
FZ PASTRY - PUFF PASTRY  
ROLL 2X5KG PAMPAS

**\$48.90/CTN**



No. 12295  
FZ SHORTCRUST PASTRY  
SHEETS 1KG (12) PAMPAS

**\$74.50/CTN**



No. 28003  
MARGARINE - SPREAD CA-  
TERING 10KG ETA

**\$45.00/CTN**



No. 28004  
MARGARINE 1KG(12) MRS  
MCGREGOR'S

**\$3.65/UNIT**



# PAPER TAKEAWAY BOWLS AND LIDS



HOT & COLD  
FOOD FRIENDLY



WATER  
PROOF



LOGO  
PRINTING

Our paper bowls are grease and water-resistant, making them perfect for serving salads, rice, soups, noodles, dumplings, snacks, and a variety of other dishes. Both PET and PP lids are ready to serve cold and hot food during the delivery.



**\$36<sup>.65</sup>**  
CTN

**No. 14521**  
SALAD BOWL -  
BAMBOO 16OZ 300'S  
(LID 13155&17046)



**\$37<sup>.95</sup>**  
CTN

**No. 14522**  
SALAD BOWL -  
BAMBOO 25OZ 300'S  
(LID13155&17046)



**\$41<sup>.90</sup>**  
CTN

**No. 14523**  
SALAD BOWL  
BAMBOO 32OZ 300'S  
(LID 13155 & 17046)



**\$24<sup>.80</sup>**  
CTN

**No. 13155**  
SALAD BOWL LID - RAISED  
PET COLD FOOD ONLY  
150MM 300'S



**\$23<sup>.65</sup>**  
CTN

**No. 17046**  
SALAD BOWL LID RAISED PP  
HOT & COLD 300'S



**\$55<sup>.00</sup>**  
CTN

**No. 27944**  
SALAD BOWL - BAMBOO  
42OZ 300'S (LID 27945)



**\$38<sup>.75</sup>**  
CTN

**No.18500**  
SALAD BOWL LID - RAISED  
PP HOT/COLD 185MM 42OZ  
300'S



**\$35<sup>.30</sup>**  
CTN

**No. 27945**  
SALAD BOWL LIDS - PET FOR  
42OZ 185MM 300'S

\* GST NOT INCLUDED



# NATURAL WOODEN CUTLERY



COMPOSTABLE

Our natural wooden cutlery range are made from premium quality wood. Our natural wooden cutlery range is crafted from premium quality wood, blending functionality with sustainability. Perfect for serving your grab-and-go meals.



**\$27<sup>.71</sup>**  
CTN



**No. 27576**  
SPOON - WOODEN  
160X34X1.5MM 2000'S

**\$27<sup>.36</sup>**  
CTN



**No. 27577**  
FORK - WOODEN  
160X26X1.5MM 2000'S

**\$24<sup>.84</sup>**  
CTN



**No. 27578**  
KNIVES - WOODEN  
165X22X1.5MM 2000'S

**\$48<sup>.31</sup>**  
CTN



**No. 27936**  
SPORK - WOODEN  
165X34X1.5MM 2000'S

**\$27<sup>.91</sup>**  
CTN



**No. 16489**  
WOODEN CUTLERY SET  
FORK / KNIFE / NAPKIN 400'S

**\$33<sup>.94</sup>**  
CTN



**No. 16490**  
WOODEN CUTLERY SET  
FORK / KNIFE / NAPKIN / SPOON 400'S

**\$33<sup>.15</sup>**  
CTN



**No. 17895**  
SPOONS - SUGARCANE  
CHINESE 140X42X46MM1000'S

\* GST NOT INCLUDED