



01/06/2025 to 30/06/2025

B&E FOODS / QLD

MONTHLY MENU

Where Quality Counts!

Naturally Rich
Authentically Thai



\$2.⁶⁰
UNIT

COCONUT CREAM

No.12148 COCONUT CREAM 560ML (24) TAF By Aroy.D

HOW TO MAKE

FEATURED INGREDIENTS

Prepare Ingredients (1 servings)

Cooked Chicken Breast	100g
Fresh Egg Noodles	100g
Knorr Chicken Booster GF	12.50g
Boiling Water	500ml
Ground Black Pepper	0.2g
Sea Salt	0.4g
Optional: Mixed vegetables	40g

Step 1: Prepare the Stock Base

- Dissolve 12.50 g Knorr Chicken Booster into 500 mL of boiling water, stir until fully dissolved.

Step 2: Cook the Noodles

- Bring the chicken stock to a gentle boil.
- Add 100 g fresh egg noodles, cook for 3–4 minutes until soft.

Step 3: Add Chicken and Vegetables

- Add 100 g cooked shredded chicken to the pot.
- Optional: Add 40 g cooked vegetables
- Simmer together for 2–3 minutes until fully heated.

Step 4: Season and Serve

- Add a pinch of salt and black pepper, stir gently.
- Serve hot in a bowl or food-safe takeaway container.



No. 28550
Fz F/Cooked Chicken
Breast Pulled
1kg(5) Rte Melco

\$18.00/KG



No. 19581
Pepper Black Ground
Ss 1kg (10) Windsor
Farm

\$18.50/PK



No. 17135
Egg Fresh Noodle
1kg(20) Mcyee

\$6.25/PKT



No. 30562
Chicken Booster Gf
2.4kg (6) Knorr

\$32.80/UNIT



No. 12521
Pure Cooking Sea Salt
25 kg

\$19.5/BAG

Homestyle Chicken Noodle Soup



Warm, hearty, and comforting — our Chicken Noodle Soup is made with Melco tender pulled chicken breast, fresh egg noodles, and a rich, golden broth crafted from premium Knorr Chicken Booster. Seasoned with sea salt and cracked black pepper, and optionally enriched with garden vegetables, every spoonful delivers classic homemade flavour with the convenience of ready-to-eat preparation.

All key ingredients are available at **B&E Foods** your trusted one-stop partner to boost your business with taste, efficiency, and profit.

approx.
\$2.⁹⁰
of finished
dish

Cost per SERVE
when purchased
from B&E Foods



\$26^{.95}
KG

No.11888
FZ DUCK BREAST ROASTED
2KG(4) R/W LUV A DUCK



\$26^{.95}
KG

No.17411
FZ DUCK BREAST PEKING
BULK 2KG(4) R/W
LUV-A-DUCK

JUN 2025



01/06/2025 to 30/06/2025

QLD Monthly Promotion



\$113 ⁶⁰ CTN

\$14.2 ^{KG}

14046

Chilled - Cooked Pork Spareribs
8kg Butcher & Cook



\$3.95 ^{KG}

\$39 ⁵⁰ CTN

15555 **F**

Frozen Chips - Crispy Coated 10mm
2.5kg x4 Farm Frites



\$25 ⁰⁰ KG

19121 **F**

Frozen Soft Shell Crab 100/120 1Kg



EOFY SAVINGS! LIMITED TIME OFFER

\$39 ⁵⁰CTN **\$3.95 per kg**



15555 **F**
FZ CHIPS CRISPY COATED 10MM
4x2.5KG FARM FRITES

\$39 ⁵⁰CTN **\$3.95 per kg**



16560 **F**
FZ CHIPS CRISPY COATED STEAKHOUSE
4x2.5KG FARM FRITES

\$39 ⁵⁰CTN **\$3.16 per kg**



18594 **F**
FZ CHIPS - CRINKLE CUT
12.5KG FARM FRITES

\$47 ⁵⁰CTN **\$4.75 per kg**



30814 **F**
FZ HASH BROWN OVALS
5x2KG FARM FRITES

\$38 ⁰⁰CTN **\$3.8 per kg**



13002 **F**
FZ WEDGES SEASONED
4x2.5KG FARM FRITES

\$39 ⁵⁰CTN **\$3.95 per kg**



28411 **F**
FZ MASH POTATO - PLAIN
4x2.5KG FARM FRITES

\$65 ⁰⁰CTN **\$11.9 per kg**



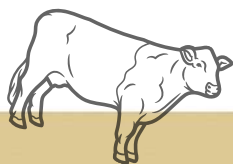
15807 **F**
FZ ONION RINGS -
BEER BATTERED IQF
6KG FARM FRITES

GREAT FOR DEEP FRYING

HOT
SPECIALS

\$39 ⁰⁰CTN

\$3.12 per kg



RED BAND [®] FRYING SHORTENING
12.5kg NET



13946

OIL - BEEF TALLOW BLOCK 12.5KG
RED BAND



\$49 ⁵⁰DRUM

\$2.48 per liter

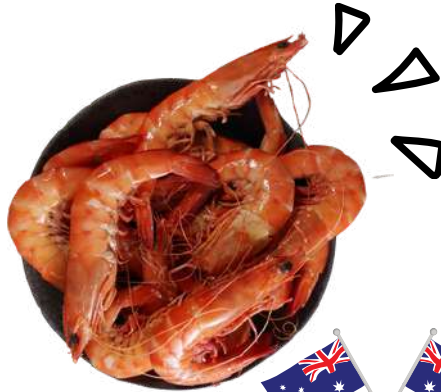
12282

OIL - VEGETABLE 20LT
ULTIMATE CHEF

\$25⁰⁰
KG



F19121
FZ SOFT SHELL CRAB
100/120 1KG



\$24⁵⁰
KG

F15315
FZ QLD WHOLE LARGE COOKED KING PRAWN
AUSTRALIAN 1KG BOX (RETAIL FRIENDLY)

\$19⁸⁰
KG

\$99⁰⁰
CTN

F13472
FZ QLD WHOLE COOKED TIGER
PRAWN 10/20 5KG



500-1000G PER PIECE

\$105⁰⁰
PK

\$15⁴⁴
KG



F11013
FZ LING FILLETS S/OFF
500/1000 6.8KG
SEALORD

\$13⁸⁰
KG



170-227G PER PIECE
(COD FISH)

\$138⁰⁰
CTN



F15019
FZ HAKE FILLET 6/8OZ S/OFF
DEBONED CAPENSIS 2X5KG
PACIFIC WEST



100-200G PER PIECE

\$17⁹⁰
KG

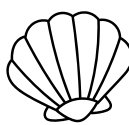
\$89⁵⁰
CTN

F13743
FZ SWEETLIP SNAPPED
FILLET S/OFF 100/200 5KG

**ORDER
NOW**



JUNE



**SEAFOOD
SPECIALS**



\$17⁵⁰
KG

\$87⁵⁰
CTN

F15281
FZ WHOLE PRAWN -
RAW GREEN TIGER
PRAWN 10/20 5KG
QLD OCEAN CAUGHT
AUSTRALIA

\$50⁰⁰
KG

SELL BY CTN



yum!

F12473
FZ WHOLE RAW LOBSTER SMALL 400-
600G 15KG R/W WESTERN AUSTRALIA

F - FROZEN PACK AND STORAGE



\$15 20 UNIT



30951
CHOCOLATE - DARK
BUTTONS 1KG

\$15 20 UNIT



30952
CHOCOLATE - MILK SIENNA
BUTTONS 1KG

\$10 50 UNIT



30953
CHOCOLATE - BITS WHITE 1KG

\$10 50 UNIT



19354
CRANBERRY & APPLE GRANOLA 1KG



15307
ALMOND & SULTANA GRANOLA 1KG

\$10 50 UNIT



\$9 00 UNIT



15052
QUINOA TRI COLOUR 1KG

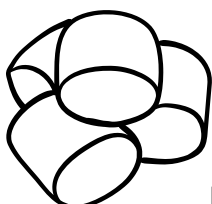


31027
CHIA SEED BLACK 1KG

\$9 50 UNIT



\$6 00 UNIT



31050
MARSHMALLOWS MIXED 500G



18577
DRIED FRUIT - SULTANAS 1KG

\$10 20 UNIT

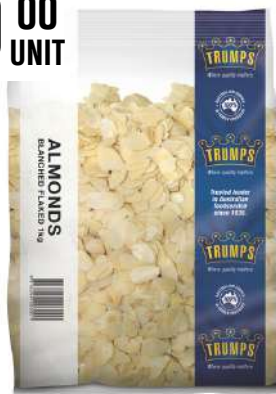


\$19⁰⁰
UNIT



31033
ALMONDS NATURAL (SKIN ON)
1KG

\$19⁰⁰
UNIT



18418
ALMOND BLANCHED FLAKED
1KG



19971
ALMONDS BLANCHED GROUND
1KG

\$18⁰⁰
UNIT

\$45⁰⁰
UNIT



18578
PISTACHIO KERNELS 1KG

\$16⁵⁰
UNIT



31037
WALNUTS HALVES & PIECES 1KG



17181
HAZEL KERNEL 1KG

\$21⁵⁰
UNIT



\$11⁰⁰
UNIT



31017
PUMPKIN SEEDS (PEPITA) 1KG

\$6⁹⁰
UNIT



31032
SUNFLOWER KERNELS 1KG



31038
OATS ROLLED 1KG

\$4⁰⁰
UNIT



\$11⁰⁰
UNIT



15959
SEASONING - ALL PURPOSE 1KG

\$13⁰⁰
UNIT



19370
COOKING - BAKING POWDER 2KG



19101
MAIZE CORN FLOUR GLUTEN FREE 3KG

\$12⁵⁰
UNIT

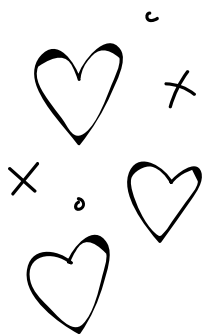


COOKED PORK SPARERIBS

14046 CHILLED - COOKED 8KG BUTCHER & COOK

Order Now :  www.befoodsonline.com.au

\$4⁹⁰
UNIT



F 15042

FZ **GREEN** CHILLI VIETNAMESE 500G

\$9⁸⁰
UNIT



F 11962

FZ **RED** CHILLI 1KG



\$5⁵⁰
UNIT



F 12362

FZ LEMON GRASS GRATED 1KG

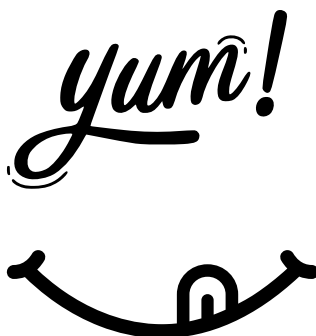


\$6⁹⁰
UNIT



F 28287

FZ BANANA LEAVES THAI 1KG



\$11⁰⁰
BAG



F 15906

FZ IQE YANGZHOU FRIED RICE 1KG BESTA



\$4⁰⁰
UNIT



F 28013

FZ VEGETABLES - IQE SPINACH
CHOPPED PORTION 1KG



\$8³⁰
UNIT



F 17202

FZ IQE WHOLE BABY BEANS
EDGELL 2KG



\$14¹⁰
UNIT

\$85⁰⁰
CTN



F 19507

FZ VEGETABLES - CORN RIBS
1.5KG X 6 EDGELL



\$7⁹⁰
UNIT



F 19942

FZ IQE PEAS EDGELL 2KG



\$8⁹⁰
UNIT



F 19941

FZ VEGETABLES - IQE CORN
KERNELS EDGELL 2KG



\$7⁹⁰
UNIT

F 19943

FZ IQE MIXED VEGGIES 2KG
(CAR,CORN,PEA) 2KG



 AUTHENTIC ASIAN STYLE

 GOOD SOURCE OF PROTEIN

 HEALTH STAR RATED

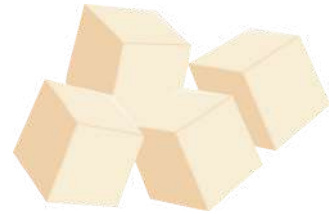


\$1⁹⁰
UNIT



15241
TOFU - SILKEN TOFU 300G (12)
SOYAKING

**TOFU SPECIAL
ENDS SOON –
DON'T MISS OUT!**



\$2²⁰
UNIT



15236
TOFU - SOFT AND SMOOTH 500G (6)
SOYAKING

\$3⁶⁰
UNIT



15235
TOFU - ORIGINAL TOFU (REGULAR FIRM) 835G (6)
SOYAKING

\$3⁶⁰
UNIT



15234
TOFU - FINE TOFU (FIRM) 835G (6)
SOYAKING

\$3⁹⁰
UNIT



15233
TOFU - HARD TOFU 600G (6)
SOYAKING

\$10⁰⁰
UNIT



12178
CHILLI - POWDER
/GROUND 1KG

\$12⁰⁰
UNIT



28087
CHILLI - FLAKES
/CRUSHED 1KG

\$12⁰⁰
UNIT



12170
CHILLI - RING
DRIED HOT 1KG

\$12⁰⁰
UNIT



15905
CHILLI - LARGE WHOLE
DRIED HOT 1KG

\$18⁰⁰
UNIT



13391
SPICE - SICHUAN **RED** PEPPER
500G

\$18⁰⁰
UNIT



13392
SPICE - **GREEN** PEPPER CORN
500G

\$22⁵⁰
UNIT



12318
DRIED SHITAKE FLOWER
MUSHROOMS 1KG

\$10⁵⁰
UNIT



21356
WHITE FUNGUS 400G

\$13⁵⁰
UNIT



12381
BLACK FUNGS WHOLE LARGE 1KG

\$16⁵⁰
UNIT



17034
BLACK FUNGS STRIPS 1KG

\$35⁰⁰
UNIT



13624
DRIED TEA TREE MUSHROOM
1KG

\$18⁰⁰
UNIT



15966
DRIED GOJI BERRY
500G

\$7⁰⁰
UNIT



15965
DRIED CHINESE RED
DATE UNPITTED 360G

\$12⁵⁰
UNIT



18968
SAUCE - DARK
SOY SAUCE
SIGNATURE 4.9L

\$12⁰⁰
UNIT



21462
SAUCE - LIGHT SOY
SAUCE GOLDEN
LABEL 4.9L

\$16⁰⁰
UNIT



18970
SAUCE - LIGHT SOY
SAUCE DELICIOUS
VALUE DRUM 10.5L
Minimum order 2 bottles



\$5⁰⁰
UNIT



18965
COOKING WINE - GOLDEN
LABEL ZERO ADDED 1.9L



\$5⁰⁰
UNIT



18974
SAUCE - OYSTER SAUCE
BOTTLE 2.27KG



\$6⁶⁰
UNIT



18967
SAUCE - SEASONING
SOY SAUCE FOR
SEAFOOD 1.75L
Minimum order 6 bottles



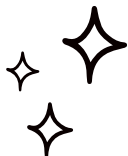
10756
SAUCE - HOI SIN SAUCE
CLASSIC IN TIN 2.27KG

\$6⁹⁰
UNIT



21325
VINEGAR - CHIN KIANG 3L
HENG SHUN

\$10⁰⁰
UNIT



\$4⁴⁰
UNIT



16947
VINEGAR - RED 500ML
PUN CHUN



\$17⁰⁰
UNIT



12393
SEASONING OIL - GREEN
SICHUAN PEPPER OIL 1.8L



12389
SEASONING OIL - RED
SICHUAN PEPPER OIL 1.8L



\$17⁰⁰
UNIT

\$165⁶⁰
CTN

\$6⁹⁰
UNIT



12488
SAUCE - SATAY SAUCE
330ML*24 JIMMY

\$15⁹⁰
UNIT



12480
SAUCE - PLUM SAUCE
2.27KG PUN CHUN

\$4⁵⁰
UNIT



16832
SAUCE - PI XIAN CHILLI
BEAN SAUCE 1.2KG
DAN DAN / JUAN CHENG

\$54⁰⁰
CTN

\$4.5
PACK



11171
RICE STICK FOR PAD THAI 3MM
1KG X12 DOUBLE DRAGON



\$54⁰⁰
CTN

\$4.5
PACK



11172
RICE STICK FOR PAD THAI 5MM
1KG X12 DOUBLE DRAGON

\$2⁶⁰
PK



13467
BEAN VERMICELLI
500G LONG KOU

\$4⁵⁰
PK



30566
BEAN VERMICELLI
500G DOUBLE DRAGON



\$46⁰⁰
CTN

\$1.6
PACK



12238C
RICE STICK 454G X 30
KONG MOON

\$18⁰⁰
CTN

\$1.5
PACK



15937
RICE FLOUR 500G X12
ERAWAN



19208
TAPIOCA STARCH 500G X12
ERAWAN

\$19²⁰
CTN

\$1.6
PACK



12181
TEMPURA FLOUR 500G(24)
GOGI

\$2⁹⁰
UNIT



12487
CRISPY FLOUR 1KG (10)
UFM

\$3⁹⁰
UNIT

\$4⁵⁰
UNIT



12180
CORN FLOUR 700G(12)

\$39⁹⁰
BAG



12868
WHEATEN CORN FLOUR 25KG



12869
POTATO STARCH 25KG

\$67⁰⁰
BAG



\$69⁶⁰
CTN

\$2⁹⁰
CAN



19522
CANNED FRUIT - LYCHEE IN SYRUP
BUDGET REGULAR 565G*24

\$2³⁰
CAN

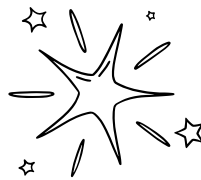


16060
CANNED - WATER CHESTNUTS
WHOLE PEELED EASY OPEN 567G

\$7⁰⁰
UNIT



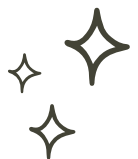
12161
CRISPY FRIED RED ONION 1KG



\$9⁰⁰
UNIT



14867
FRIED GARLIC 1KG



\$3²⁰
UNIT



12183
CONDENSED MILK 395G(12)
NESTLE

F 30720
FZ GUA BAO BUNS REG
40G*10PC*12

\$5⁵⁰
UNIT

\$66⁰⁰
CTN



F 10143
FZ COCONUT BAO BUNS
40G*10PC*12

\$6⁰⁰
UNIT

\$72⁰⁰
CTN



\$54⁰⁰
CTN



12184
CARNATION EVAPORATED MILK
340ML*18 NESTLE

F 10142
FZ BLACK BAO BUNS
(ACTIVATED CHARCOAL)
40G*10PC*12



\$6⁰⁰
UNIT

\$72⁰⁰
CTN



\$3⁵⁰
UNIT

17835
ROCK SUGAR 400G



\$3³⁰
UNIT

12427
MALTOSE 500G



\$8⁹⁰
UNIT

15925
CINNAMON SUGAR 900G TRUMP



\$10⁹⁵
UNIT

30970
ICING SUGAR PURE 3KG TRUMP

\$27⁰⁰
BAG



16209
SUGAR - RAW 15KG

\$38⁰⁰
BAG



18573
SUGAR - CASTER 25KG

\$38⁰⁰
BAG



12423
SUGAR - WHITE GRADED 25KG

\$50⁰⁰
BAG



26510
SUGAR - BROWN 25KG

\$4⁹⁰
UNIT



19508
QUAIL EGG 830G/TIN 50 EGGS*12



19499
CANNED - BABY CORN CUT
2.95 KG A10

\$6⁵⁰
CAN



27984
CANNED - BABY CORN WHOLE
150 UP 2.95KG A10*6

\$8⁰⁰
UNIT

\$48⁰⁰
CTN



\$6⁰⁰
CAN

13812
CANNED - CORN KERNELS IN BRINE
2.84KG A10 TWIN PINE

\$5⁷⁰
CAN

\$17¹⁰
CTN



19632
BAMBOO SHOOT SLICE
2.95KG A10*3 TWIN PINE



19500
BAMBOO SHOOT STRIP
2.95KG A10*3 TWIN PINE

\$5⁷⁰
CAN

\$17¹⁰
CTN

NAPKIN & WASHROOM



RECYCLABLE



COMPOSTABLE



PREMIUM
QUALITY



LOGO
PRINTING

We offer a wide range of napkins and washroom napkins, available in multiple sizes and offered in both white and kraft options for select sizes. Our products are crafted with a commitment to quality and affordability.



EJ ECO
"simply eco"

Dinner Napkins



\$23^{.00*}
CTN

No. 19954
WHITE QUILTED
2PLY GT FOLD 1000'S



\$25^{.00*}
CTN

No. 27719
BROWN QUILTED
2PLY GT FOLD 1000'S

Cocktail Napkins



\$18^{.50*}
CTN

No. 27727
WHITE 2PLY
1/4 FOLD 2000'S



\$19^{.00*}
CTN

No. 27718
BROWN 2PLY
1/4 FOLD 2000'S

Lunch Napkins



\$23^{.00*}
CTN

No. 27725
WHITE 1PLY 1/4 FOLD
3000'S ECONOMY



\$23^{.00*}
CTN

No. 27717
BROWN 1 PLY 1/4 FOLD
3000'S ECONOMY

* GST NOT INCLUDED

TAKEAWAY PAPER CARRY BAG



RECYCLABLE COMPOSTABLE



PREMIUM QUALITY



LOGO PRINTING



Our takeaway paper bags are robust, sturdy, and ideal for delivering your meals. Available in both Twisted and Flat Handle options, these premium-quality bags can support products from 8kg to 10kg, ensuring worry-free presentation of your take-away meals.



\$32⁰⁰
CTN
+10% GST

12.8^c
PC

27572

CARRY BAG SMALL TWIST HANDLE
280 X 280 X 160 250'S



+10% GST
\$35⁰⁰
CTN

14^c
PC

17662

CARRY BAG MEDIUM TWIST HANDLE
305 X 305 X 175 250'S



+10% GST
\$42⁰⁰
CTN

16.8^c
PC

27798

CARRY BAG LARGE TWIST HANDLE
350 X 330 X 230 250'S

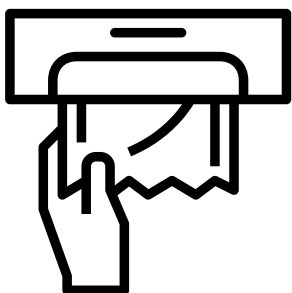


\$35⁰⁰
CTN
+10% GST

\$2.2
ROLL

14336

HAND TOWEL ROLL - WHITE
80M X 16 ROLLS EJ ECO



\$24⁰⁰
CTN
+10% GST

\$1.5
PK

27606

HAND TOWEL - ULTRA SLIMLINE
24X24CM 150PCS X 16PKS EJ ECO



\$48⁰⁰
CTN
+10% GST

\$4
ROLL

15029

PREMIUM SASHIMI HAND TOWEL ROLL
1PLY 100M X 12 ROLLS EJ ECO

*ALL PACKAGING PRODUCTS PRICE EXCLUDING GST



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304 Boundary Street, Townsville QLD 4810



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