

B&E FOODS / QLD



MONTHLY MENU

Where Quality Counts!



MEDIUM GRAIN RICE

No.26413 RICE - CALROSE MEDIUM GRAIN 20KG LOTUS

HOW TO MAKE

FEATURED INGREDIENTS

Prepare Ingredients (10 servings)

| | |
|-------------------------|-------|
| Fz Cooked Pulled Beef | 1200g |
| Fz Flour Tortillas 5" | 30pcs |
| Mexican Chunky Salsa | 300g |
| Fz Avocado Chunky | 300g |
| Sour Cream Light | 300g |
| Cheese Mexi Shred Blend | 300g |
| Smokey Chipotle | 150g |
| Mayonnaise | |

Step 1: Heat the Beef

Fully thaw and reheat the frozen pulled beef until hot throughout. Use a pan, oven, or steamer (target temp $\geq 75^{\circ}\text{C}$).

Step 2: Prepare the Toppings

- Portion the avocado, salsa, sour cream, and shredded cheese.
- Load the chipotle mayo into a squeeze bottle for easy application.

Step 3: Warm the Tortillas

Toast the 5" tortillas briefly on a flat grill or pan for 10–15 seconds until soft and pliable.

Step 4: Assemble the Tacos

- Add approx. 40g of pulled beef per tortilla
- Top with 1 spoon of salsa, chunks of avocado, a dollop of sour cream, and shredded cheese
- Finish with a squeeze of smoky chipotle mayo



No. 15908
Fz F/Cooked Pulled Beef
4 X 2kg Rte Melco

\$20.51/KG



No. 15971
Fresh Cream
Sour Cream Light 5lt

\$37.00/UNIT



No. 13961
Fz Avocado Chunky
Avocado 454g X 16 Wholly

\$128.00/CTN



No. 16242
Mexican Chunky Salsa
Sauce 1.95kg (6) Knorr

\$19.10/UNIT



No. 18746
Cheese - Mexi Shred
Blend 2kg (6) Tuscany

\$34.00/UNIT



No. 27336
Mayonnaise Smokey
Chipotle 1 Litre(8)
Birch & Waite

\$16.70/UNIT



No. 30742
Fz Flour Tortillas
5" 24x12 Mission

\$60.50/CTN

Smoky chipotle Pulled Beef *tacos*



Big flavour in a small taco – bold, juicy, unforgettable. Slow-cooked Mel-co pulled beef, loaded onto warm Mission flour tortillas and topped with Wholly avocado chunks, zesty Knorr salsa, creamy sour cream, and a bold hit of Birch & Waite's smoky chipotle mayo. Finished with a generous sprinkle of Tuscany's shredded Mexi cheese blend.

All key ingredients are available at **B&E Foods** your trusted one-stop partner to boost your business with taste, efficiency, and profit.

approx.
\$2.00
of finished
dish

Cost per TACO
when purchased
from B&E Foods

Crispy Corn & Chicken Snack Box



approx.
\$6^{.04}
of finished
dish

**Cost per DISH
when purchased
from B&E Foods**

FEATURED INGREDIENTS



No. 17793
Fz F/Cooked Chicken
Wing Tip Off 2kg (3) Melco

\$11.83/KG



No. 19507
Fz Vegetables - Corn
Ribs 1.5kg X 6 Edgell

\$91.20/CTN



No. 17644
Cheese - Parmesan
Shredded 1kg (8) Dirossi

\$19.30/UNIT

EXTRA HEAVY DUTY GARBAGE BAG



RECYCLABLE

Introducing our extra heavy-duty bin liners, available in three sizes, each featuring a star-seal bottom for exceptional durability. Designed for easy peeling and effortless use.



EJ ECO
"simply eco"



\$35.00*
CTN

No. 14749
82L 810X950MM
250PCS/CTN



\$45.00*
CTN

No. 12588
120L 950X1100MM
250PCS/CTN



\$30.00*
CTN

No. 17353
240L 1120X1420MM
100PCS/CTN

FOIL ROLL



No. 13432
FOIL ROLL - PREMIUM HEAVY
DUTY 44CM X150M (6)

\$23.65*
UNIT



No. 19621
FOIL ROLL - ALL PURPOSE
44CM X 150M (6)

\$19.05*
UNIT



No. 19622
FOIL ROLL - ALL PURPOSE
30CM X 150M (6)

\$13.75*
UNIT

* GST NOT INCLUDED



35% Oyster Extract

Haday's true and rich formula. A taste like no other.

\$4.⁵⁰
UNIT

\$10.⁰⁰
UNIT



No. 18974
OYSTER SAUCE - HANDY
BOTTLE 2.27KG (4) HAITIAN



No. 18975
SAUCE - OYSTER SAUCE VALUE
DRUM 6KG (2) HADAY



MAY 2025



\$33⁰⁰
BTL



- **Rich** cream flavour – natural & clean with **no artificial** colours.
- Ideal for whipping = **2.5 times the volume per litre**
- **35% fat**
- **All-rounder** — it's perfect for desserts, cake fillings, mousse, on the side for winter desserts and whipped for hot, golden scones.

28836

THICKENED CREAM 5L(3) DAIRY FARMERS

- **Full cream** taste profile with **silky mouth feel**.
- Heats quickly to high temperatures without **burning or splitting**. It rapidly thickens as soon as it's added, making it suitable for very hot dishes.
- **18% fat**
- **100% yield** = No need to reduce to sauce
- **Ideal viscosity** for sauteing, reducing, pan-frying – high heat applications.
- Suitable for **sweet applications** such as ice-creams and custards.

\$29⁰⁰
BTL



14132

COOKING CREAM 5L(3) DAIRY FARMERS



AUTHENTIC ASIAN STYLE



GOOD SOURCE OF PROTEIN



HEALTH STAR RATED

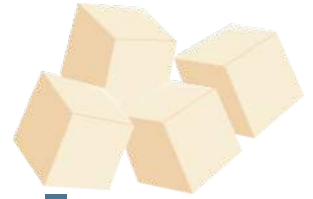


\$1⁹⁰
UNIT



15241
TOFU - SILKEN TOFU 300G (12)
SOYAKING

New Arrivals



Elevate your dishes with Soya King Silken Tofu. This premium tofu variety boasts a smooth and velvety texture, ideal for absorbing flavours. Craft nutritious and delicious meals with this versatile, plant-based protein source. Order now and enjoy the culinary possibilities that Soya King Silken Tofu brings to your table!

\$2²⁰
UNIT



15236
TOFU - SOFT AND SMOOTH 500G (6)
SOYAKING

\$3⁶⁰
UNIT



15235
TOFU - ORIGINAL TOFU (REGULAR FIRM) 835G (6)
SOYAKING

\$3⁶⁰
UNIT



15234
TOFU - FINE TOFU (FIRM) 835G (6)
SOYAKING

\$3⁹⁰
UNIT



15233
TOFU - HARD TOFU 600G (6)
SOYAKING



\$56⁰⁰ CTN

\$11²⁰ KG

F11016
FZ SQUID - TUBES ILLEX
PREMIUM U/5 5KG

\$6⁰⁰ KG

F11028
FZ SEAFOOD STICKS 1KG

SEAFOOD SEASON



\$12⁵⁰ KG



F 15102
FZ WHITEBAIT WHOLE RAW -
WESTERN AUSTRALIA 1KG



000



\$14⁰⁰ DOZEN



\$175⁰⁰ CTN

F15172
FZ OYSTERS HALF SHELL
MEDIUM NEW ZEALAND
12.5 DOZEN P/CTN



ORANGE ROUGHY

\$19⁵⁰ KG

\$195⁰⁰ CTN

F 11299
FZ ORANGE ROUGHY FILLET
SKINLESS 4-6OZ SEALORD
MSC 10KG



\$6⁰⁰ KG

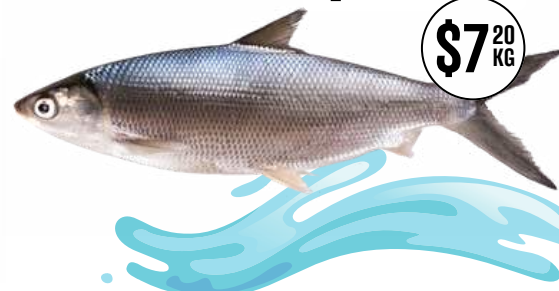
F 11029
FZ SEAFOOD
EXTENDER/CHUNKS 1KG



\$79⁰⁰ CTN

\$7⁹⁰ KG

F 27514
FZ TILAPIA - WHOLE GGS
600/800G 10KG



\$72⁰⁰ CTN

\$7²⁰ KG

F 11018
FZ MILKFISH WHOLE
ROUND 600/800GM 10KG

F- FROZEN PACK AND STORAGE



\$9⁹⁰
KG

F 12972

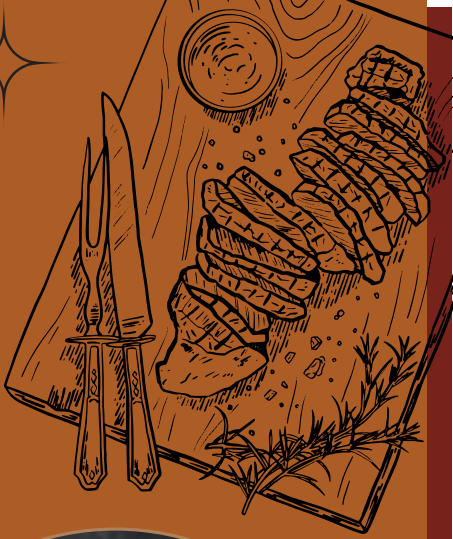
FZ CORNFED CHICKEN BARN
RAISED WITH HEAD & FEET
1.2KG - 1.7KG R/W



\$18⁰⁰
KG

17809

BEEF WAGYU TOPSIDE
CAP OFF MB 8/9 5KG R/W



\$34⁰⁰
KG



F 70431

FZ LAMB RACK CAP ON VAC R/W



\$19⁰⁰
KG

10833

BEEF WAGYU BOLAR
BLADE MB 8/9 20KG R/W



\$11⁵⁰
KG



F11043

FZ LAMB HIND SHANK TIPPED
LAYER PACK 20KG R/W

\$15⁰⁰
KG



F 71082

FZ LAMB LEG DEBONED
ROLLED & NETTED 3KG R/W

\$13⁵⁰
KG



F 70868

FZ LAMB - OYSTER CUT
SHOULDER B/IN 1.5KG VAC R/W



\$15⁰⁰
KG

71151

LAMB - BONELESS
SHOULDER 4KG VAC

happy Mother's day

Sunday, 11th May 2025

\$17⁵⁰
UNIT



17644

CHEESE - SHREDDED PARMESAN 1KG
DIROSSI

\$21⁵⁰
UNIT

PERFECT
FOR
PIZZA

WITHSTAND
UP TO
305°C

FASTER
COOKING



15341

CHEESE - SHORT MOZZARELLA SHREDDED
THICK CUT 2KG ELK

\$22⁰⁰
UNIT



16115

CHEESE - MILD PROVOLONE DOLCE
1KG BRAZZALE

\$4⁰⁰
UNIT



F 15332

FROZEN MOZZARELLA - BUFFALO 125G
DE GUSTIBUS



PIZZA DAY

Your Pizza Journey Starts Here

Bake. Share. Enjoy
Crafted for Pizza Lovers
Fresh. Authentic. Homemade

Dough It Yourself

Shop Smart. Shop B&E FOODS



\$7²⁰
KG

11719
PIZZA CABANOSSI 2KG PENDLE

\$6⁰⁰
KG



F70679
FROZEN PIZZA BACON - DICED
2KG PENDLE

\$17⁰⁰
KG



F11853
FROZEN CHORIZO SLICE
2KG PRIMO



\$15⁵⁰
UNIT

15327
PIZZA SAUCE - AROMATIZZATA
4.05KG ARDITA

F- FROZEN PACK AND STORAGE



19117
TOMATOES - PULPY CRUSHED
2 X 5KG SELESTA

\$26⁰⁰
CTN

\$2⁶⁰
KG



\$15³⁰
KG

Primo

10797
SALAMI - PEPPERONI MILD SLICED
40MM 2KG PRIMO

\$8⁸⁰
KG

14300

HAM - JULIENNE SHREDDED HAM
2KG PRIMO



19738

HAM - SHREDDED HAM PIZZA
TOPPING 2KG PENDLE

\$7²⁰
KG

70685
HAM - SHAVED LEG 1KG
MAYFAIR



\$12⁰⁰
KG



\$11³⁰
KG

19739
HAM - SLICE PRAGER 1KG
PENDLE

\$19⁰⁰
UNIT



11634

OLIVES -KALAMATA OLIVES
PITTED IN BRINE 2KG

\$14⁵⁰
UNIT



11988

PEPPERS - ROASTED RED PEPPER
STRIPS/ SLICED A12 TRADED

\$10⁵⁰
UNIT



17995

OLIVES- BLACK SLICED 3KG
SANDHURST

\$8⁰⁰
UNIT



18310

CANNED - PINEAPPLE PIZZA
CUT A10 3.05KG TWIN PINE

\$8⁸⁰
UNIT



17250

PEPPERS - JALAPENO PEPPERS
SLICED A10 SANDHURST

\$48⁵⁰
CTN



\$1⁰⁷
UNIT

F 15339

FROZEN DOUGH BALLS
250G 45 UNITS



F 15340

FROZEN PIZZA BASE 12
GLUTEN FREE 15 UNITS

\$3⁹⁰
UNIT

\$58⁵⁰
CTN

\$14⁰⁰
BAG



19213

FLOUR - PIZZA FLOUR
12.5KG ALLIED MILLS

Allied Mills



10703

FLOUR - PIZZA FLOUR TIPO 00
12.5KG MULINO PERFETTO

\$16⁰⁰
BAG

SOFT CARDBOARD BOXES & TRAYS



RECYCLABLE



COMPOSTABLE



LOGO
PRINTING

Our two-tone cardboard range is versatile, tailored to accommodate a variety of foods. Perfect for serving take-away meals at cafes, chicken shops, fish and chip stores, kebab shops, and more. Our cardboard is lighter than our hard corrugated range, providing a cost-effective solution. With a kraft exterior and white interior, it enhances your food presentation.



\$44⁰⁰
CTN

11^C
EACH



26322
HOT DOG BOX - SOFT CARDBOARD
208*70*75 400'S EJ ECO



\$35⁰⁰
CTN

14^C
EACH

26154
SNACK BOX - SOFT CARDBOARD
LARGE 190*110*68 250'S EJ ECO



\$32⁰⁰
CTN

13^C
EACH

26324
SNACK BOX - SOFT CARDBOARD
LARGE 205*106*76 250'S EJ ECO



\$31⁸⁰
CTN

13^C
EACH

26153
SNACK BOX - SOFT CARDBOARD
MEDIUM 172*104*66 250'S EJ ECO



\$44⁰⁰
CTN

11^C
EACH

26323
SNACK BOX - SOFT CARDBOARD
REGULAR 176*91*85 400'S EJ ECO



\$29⁰⁰
CTN

12^C
EACH

26152
SNACK BOX - SOFT CARDBOARD
SMALL 172*104*55 250'S EJ ECO



\$46⁰⁰
CTN

9.2^C
EACH



26321
BURGER BOX - SOFT CARDBOARD
REGULAR 102x105x80 500'S EJ ECO



\$25⁰⁰
CTN

10^C
EACH

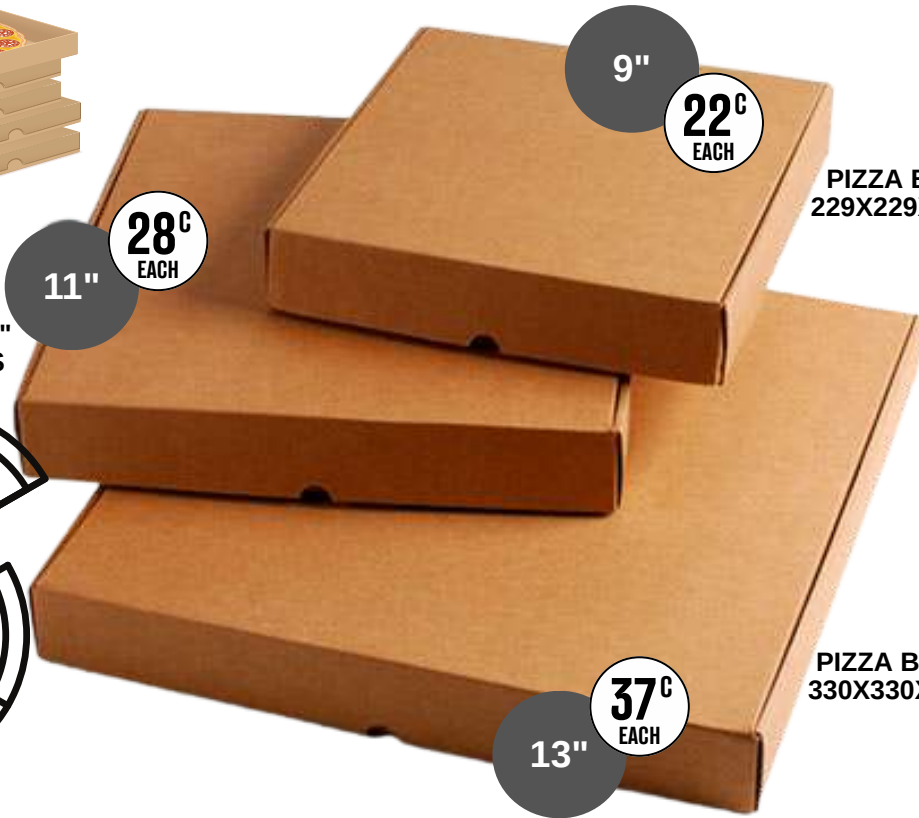
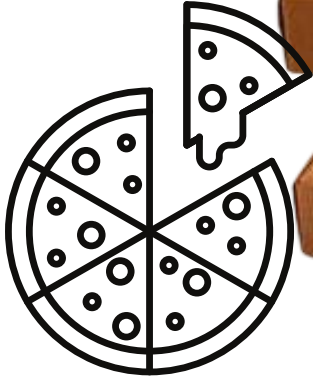
26151
SNACK BOX - SOFT CARDBOARD
JUNIOR 130*100*57 250'S EJ ECO

ALL PACKAGING PRODUCTS PRICE EXCLUDING GST



\$28⁰⁰
CTN

71364
PIZZA BOX - BROWN 11"
279X279X40 100'S 100'S



\$21²⁰
CTN

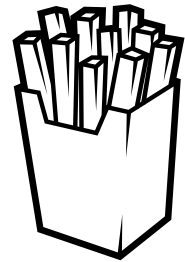
71313
PIZZA BOX - BROWN 9"
229X229X40 100'S EJ ECO

\$36⁵⁰
CTN

71365
PIZZA BOX - BROWN 13"
330X330X40 100'S EJ ECO



26157
CHIP BOX - SOFT CARDBOARD
LARGE BROWN 94*47*150 250'S EJ ECO



\$37⁰⁰
CTN

26156
CHIP BOX - SOFT CARDBOARD
SMALL 75X75X100 500'S EJ ECO

\$28⁰⁰
CTN



26148
TRAY - SOFT CARDBOARD
LARGE 170X95X55 400'S

\$26⁵⁰
CTN

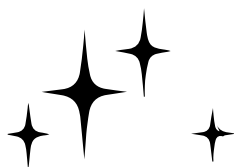


26147
TRAY - SOFT CARDBOARD
MEDIUM 140X85X55 500'S

\$33⁰⁰
CTN



26146
TRAY - SOFT CARDBOARD
SMALL 110X75X40 900'S





\$40⁰⁰
CTN

15555 **F**
FZ CHIPS - CRISPY COATED 10MM 4x2.5KG
FARM FRITES



\$40⁰⁰
CTN

16560 **F**
FZ CHIPS - CRISPY COATED STEAKHOUSE 4x2.5KG
FARM FRITES



\$40⁰⁰
CTN

18594 **F**
FZ CHIPS - CRINKLE CUT 12.5KG
FARM FRITES



Premium Coated

- Excellent Crunch
- A-Grade Potato
- Gluten Free!!
- Crisp Rice Flour Coating
- Superior Holding Time
- Longer Length Profile / High Yields



\$40⁰⁰
CTN

28411 **F**
FZ MASH POTATO - PLAIN 4x2.5KG
FARM FRITES

\$56⁰⁰
DRUM

GREAT FOR DEEP FRYING

\$39⁰⁰
CTN



VG

~210°C

16650
OIL - COTTON SEED 20LTR SHERMAN



~200°C--250°C

13946
OIL - BEEF TALLOW BLOCK 12.5KG RED BAND